

BIEG MIKOŁAJÓW

Organizator: Fundacja Góry Przenosić im. Tytusa Chałubińskiego
 Data: 01.12.2019r
 Dystans: 10km
 Miejscowość: Wrocław

Łączny dystans
 5897,5km



Klasyfikacja: OPEN

M-ce	Nr zaw.	Nazwisko i imię	Miejscowość	Klub	Rok urod.	tempo min/km	tempo km/h	2,5KM	5KM	7,5KM	Czas netto	Wynik	M	K
1	744	PRUCIAK KRZYSZTOF	WROCLAW	SANTANDER CONSUMER BANK	1984	3:50	15,6	00:09:20	00:19:00	00:28:42	00:38:21	00:38:21	1	
2	23	PASZKIEWICZ MICHAŁ	BYTOM		1988	3:53	15,4	00:09:37	00:19:27	00:29:15	00:38:54	00:38:54	2	
3	590	CZARCIŃSKI MICHAŁ	ZAWONIA		1974	4:04	14,8	00:09:50	00:20:10	00:30:33	00:40:36	00:40:37	3	
4	380	BUZEK BARTŁOMIEJ	WROCLAW	CHIHUAHUA TEAM	1987	4:04	14,7	00:09:52	00:20:11	00:30:35	00:40:41	00:40:42	4	
5	463	ANDRUSZKÓW ALEKSANDRA	TRZEBNICA	ELMAR RUNNING TEAM	1997	4:10	14,4	00:10:29	00:21:06	00:31:31	00:41:42	00:41:44		1
6	345	PAJĄK KRZYSZTOF	WROCLAW	BECORRECT.COM	1986	4:11	14,4	00:10:32	00:20:59	00:31:30	00:41:45	00:41:47	5	
7	322	ALEKSANDROWICZ TOMASZ	OLAWA	TRIM	1982	4:16	14,1	00:10:31	00:21:08	00:32:04	00:42:39	00:42:42	6	
8	173	ŚWIĄTEK BARTŁOMIEJ	ŁĘKA OPATOWSKA	GAMA MOBILER	1997	4:19	13,9	00:10:13	00:20:52	00:32:07	00:43:08	00:43:08	7	
9	586	OPALIŃSKI JACEK	DZIERŻONIÓW		1984	4:19	13,9	00:10:56	00:21:47	00:32:44	00:43:06	00:43:10	8	
10	727	BLAZIK MARIUSZ	WROCLAW	SANTANDER CONSUMER BANK	1981	4:19	13,9	00:10:33	00:21:24	00:32:23	00:43:08	00:43:11	9	
11	216	SKWARZYŃSKI KRZYSZTOF	WYSOKA		1985	4:22	13,7	00:10:38	00:21:32	00:32:31	00:43:37	00:43:39	10	
12	134	ZAJĄC MIROSLAW	BRZEŹIA ŁĄKA	EVEREST	1974	4:22	13,7	00:10:27	00:21:39	00:32:50	00:43:44	00:43:45	11	
13	593	BURCEZ TOMASZ	WROCLAW	HFB	1979	4:25	13,6	00:10:46	00:21:49	00:33:05	00:44:11	00:44:12	12	
14	650	GAŁECKI ROBERT	KIELCZÓW	HFB	1987	4:25	13,6	00:10:47	00:21:59	00:33:17	00:44:12	00:44:13	13	
15	394	WIELKOPOLSKI LUKASZ	WROCLAW		1985	4:26	13,5	00:10:55	00:21:55	00:33:06	00:44:14	00:44:21	14	
16	472	KACZMAREK ZBIGNIEW	TRZEBNICA	ELMAR RUNNING TEAM	1972	4:28	13,4	00:10:53	00:22:01	00:33:18	00:44:40	00:44:42	15	
17	752	LIPIŃSKI LUKASZ	WROCLAW		1989	4:28	13,4	00:10:34	00:21:47	00:33:11	00:44:42	00:44:44	16	
18	373	STUDNIŃKI PAWEŁ	WROCLAW	140MINUT.PL	1979	4:29	13,4	00:10:59	00:22:17	00:33:40	00:44:47	00:44:50	17	
19	36	URBANIK GRZEGORZ	ZACHARZYCE		1979	4:31	13,3	00:12:12	00:23:26	00:34:37	00:44:55	00:45:08	18	
20	317	WINKLER SEBA	WROCLAW	DOCHODZIMY W 1:59	1987	4:31	13,3	00:10:29	00:21:56	00:33:41	00:45:10	00:45:11	19	
21	289	BERINI MARCIN	JĘDRZYCHÓW		1979	4:32	13,3	00:10:45	00:21:57	00:33:51	00:45:14	00:45:16	20	
22	788	NIKOLIN ANDRZEJ	WROCLAW		1991	4:34	13,2	00:11:38	00:23:19	00:34:36	00:45:26	00:45:37	21	
23	554	BUDA KRZYSZTOF	WROCLAW		1969	4:34	13,1	00:11:34	00:22:57	00:34:25	00:45:29	00:45:41	22	
24	35	TOMASZEWSKI JACEK	GRYFÓW ŚLĄSKI	BBKTS	1997	4:35	13,1	00:11:21	00:22:36	00:34:24	00:45:41	00:45:53	23	
25	632	KRZĄCZKOWSKA IWONA	WROCLAW	DZIKI WROCLAW	1982	4:36	13,1	00:11:05	00:22:46	00:34:34	00:45:55	00:45:57		2
26	226	WAWRZYŃIAK KRZYSZTOF	WROCLAW		1985	4:36	13,0	00:11:07	00:22:32	00:34:33	00:45:50	00:46:00	24	
27	503	WAŁUSZKIEWICZ ARTUR	WROCLAW	AKOPOLIN	1967	4:36	13,0	00:11:26	00:23:01	00:34:37	00:45:57	00:46:01	25	
28	199	TRZECIAK JACEK	WROCLAW	ETKOS WARD POLSKA	1978	4:36	13,0	00:12:24	00:23:26	00:34:50	00:45:37	00:46:04	26	
29	306	LUBOWIECKA KAMILA	LUTYNIA		1976	4:39	12,9	00:11:16	00:22:44	00:34:38	00:46:26	00:46:27		3
30	672	CICHOCKI DAMIAN	WROCLAW		1987	4:39	12,9	00:12:27	00:23:29	00:34:54	00:46:29	00:46:29	27	
31	270	JERCZYŃSKI RADOSŁAW	PIASKI		1980	4:40	12,8	00:12:09	00:23:48	00:35:31	00:46:33	00:46:42	28	
32	209	JASTRZEBSKI ROCH	WROCLAW	ATLAS WARD POLSKA	1993	4:41	12,8	00:12:52	00:24:25	00:36:01	00:46:25	00:46:49	29	
33	760	KUŚNIEZ PRZEMYSŁAW	WROCLAW		1987	4:42	12,8	00:11:10	00:23:01	00:35:04	00:46:54	00:46:56		
34	111	JANIŃKI KAMIL	WROCLAW	IDEA GETIN LEASING S.A.	1990	4:42	12,8	00:11:46	00:23:39	00:35:32	00:46:50	00:46:58	31	
35	202	CHWIŁKA KRZYSZTOF	WROCLAW	ATLAS WARD POLSKA	1986	4:42	12,8	00:12:24	00:23:34	00:35:21	00:46:38	00:47:01	32	
36	567	GRABOWSKI DANIEL	WROCLAW		1976	4:43	12,7	00:11:45	00:23:40	00:35:44	00:47:08	00:47:12	33	
37	14	TWARDOWSKI KRZYSZTOF	WROCLAW		1969	4:44	12,7	00:11:43	00:23:35	00:35:37	00:47:13	00:47:17	34	
38	381	WOJTYŚIAK AGNIESZKA	WROCLAW	CHIHUAHUA TEAM	1995	4:44	12,7	00:11:16	00:22:45	00:34:45	00:47:15	00:47:19		4
39	367	PALEJ JANUSZ	BRZEG	J&J	1982	4:47	12,5	00:12:10	00:24:06	00:36:16	00:47:47	00:47:54	35	
40	48	RÓŻAŃSKI JANUSZ	BYSTRZYCA		1964	4:47	12,5	00:11:39	00:23:46	00:35:51	00:47:53	00:47:55	36	
41	315	MAZARA DOMINIKA	WROCLAW	AMS TEAM	1985	4:48	12,5	00:11:52	00:24:03	00:36:10	00:47:53	00:47:56		5
42	256	JUSZCZYK MACIEJ	WYSOKA	ENERGIO	1980	4:48	12,5	00:11:06	00:23:31	00:36:07	00:48:01	00:48:01	37	
43	82	STABROWSKI-HUZAR MAREK	LIPCE		1965	4:48	12,5	00:11:24	00:23:28	00:35:53	00:48:03	00:48:05	38	
44	713	ZYTKO ARTUR	SIECHNICE		1969	4:49	12,5	00:12:26	00:24:24	00:36:22	00:47:55	00:48:06	39	
45	304	SZYMKOWIAK TOMASZ	WROCLAW		1983	4:49	12,5	00:12:48	00:24:28	00:36:27	00:47:59	00:48:06	40	
46	314	KRUK MICHAŁ	WROCLAW	DOCHODZIMY W 1:59	1988	4:49	12,5	00:11:17	00:23:37	00:36:02	00:48:09	00:48:10	41	
47	239	MŁYŃSKI MATEUSZ	WROCLAW		1990	4:49	12,4	00:11:38	00:23:29	00:36:18	00:48:02	00:48:14	42	
48	512	KIEK LUKASZ	WROCLAW		1984	4:50	12,4	00:13:14	00:25:12	00:37:05	00:48:02	00:48:15	43	
49	603	NOWACKI KRZYSZTOF	WALBRZYCH	ASIA&KRZYŚ	1987	4:50	12,4	00:12:19	00:24:04	00:36:25	00:48:14	00:48:20	44	
50	103	GACHOWSKI LUKASZ	WROCLAW	IDEA GETIN LEASING S.A.	1976	4:51	12,4	00:12:07	00:24:17	00:36:24	00:48:25	00:48:32	45	
51	331	ZAJĄC MACIEJ	KRAKÓW	WIEPRZOWIANA TEAM	1995	4:53	12,3	00:11:30	00:24:00	00:36:36	00:48:43	00:48:46	46	
52	782	MAKSYMOWICZ RAFAŁ	WROCLAW		1978	4:53	12,3	00:12:19	00:24:23	00:36:39	00:48:41	00:48:47	47	
53	3	KIEDROWICZ TADEUSZ	OLAWA		1966	4:54	12,2	00:11:38	00:24:02	00:36:22	00:48:57	00:48:59	48	
54	78	HELLER MIKOŁAJ	BRENNA	BIEGAĆ, NIE GADAĆ!	1989	4:55	12,2	00:12:13	00:24:05	00:36:38	00:48:57	00:49:08	49	
55	419	SZYMAŃSKI DARIUSZ	WROCLAW		1974	4:58	12,1	00:12:43	00:25:04	00:37:29	00:49:27	00:49:41	50	
56	425	SOLARZ LUKASZ	WROCLAW	MAHLE	1983	4:59	12,0	00:12:14	00:24:36	00:37:29	00:49:52	00:49:52	51	
57	299	KOLESIŃSKI WOJCIECH	WROCLAW	NANKATSU	1988	4:59	12,0	00:11:01	00:23:48	00:36:54	00:49:51	00:49:53	52	
58	550	GUGUŁ MACIEJ	WROCLAW		1983	4:59	12,0	00:13:27	00:25:43	00:38:09	00:49:30	00:49:54	53	
59	648	KUZIEL MARCIN	STRONIE ŚLĄSKIE	BLACK RUNNING STRONIE ŚLĄSKIE	1985	5:00	12,0	00:13:21	00:25:46	00:38:22	00:49:44	00:50:00	54	
60	753	PINDRAL ALEKSANDER	WROCLAW	PINDRAL FAMILY CLUB	1966	5:00	12,0	00:12:43	00:25:20	00:38:04	00:49:51	00:50:01	55	
61	726	BEDNARZ KRZYSZTOF	WROCLAW	SANTANDER CONSUMER BANK	1982	5:00	12,0	00:11:50	00:24:14	00:37:30	00:50:02	00:50:02	56	
62	761	WAGNER DOMINIK	WROCLAW		1979	5:00	12,0	00:12:28	00:25:05	00:37:55	00:50:01	00:50:04	57	
63	124	NIETRZĘBA ROBERT	IWINY		1977	5:00	12,0	00:12:29	00:25:06	00:37:56	00:50:01	00:50:04	58	
64	33	ŁASZCZYŃSKI SZYMON	LESZNO		1988	5:00	12,0	00:13:42	00:26:03	00:38:32	00:49:36	00:50:05	59	
65	343	MIERCZAK DAWID	SIEMIANTOWICE ŚLĄSKIE		1989	5:02	11,9	00:12:18	00:24:35	00:37:42	00:50:07	00:50:17	60	
66	731	FROŃSKI TOMASZ	WROCLAW	SANTANDER CONSUMER BANK	1983	5:02	11,9	00:13:31	00:26:17	00:38:50	00:50:08	00:50:22	61	
67	421	KUBIK KRZYSZTOF	WROCLAW	MAHLE	1991	5:03	11,9	00:12:01	00:25:07	00:38:14	00:50:26	00:50:26	62	
68	560	KUBICA MACIEJ	OSTRZESZÓW	AKTYWNO OSTRZESZÓW	1990	5:03	11,9	00:13:20	00:25:42	00:38:20	00:50:06	00:50:32	63	
69	342	JAROSIK JACEK	WROCLAW	AVRA	1989	5:03	11,9	00:13:19	00:25:41	00:38:28	00:50:28	00:50:32	64	
70	527	CANTARERO KATARZYNA	WARSZAWA	SWPS WROCLAW	1982	5:04	11,9	00:13:35	00:25:59	00:38:39	00:50:17	00:50:36		6
71	719	MAKULIK MATEUSZ	WROCLAW		1989	5:04	11,9	00:13:15	00:25:35	00:38:21	00:50:23	00:50:37	65	
72	346	KOZACZUK KRZYSZTOF	JORDANÓW ŚLĄSKI		1958	5:04	11,8	00:13:00	00:25:41	00:38:26	00:50:39	00:50:44	66	
73	423	PIZIORSKI TOMASZ	WROCLAW	MAHLE	1985	5:05	11,8	00:12:00	00:25:07	00:38:15	00:50:51	00:50:52	67	
74	535	ROMANÓW-ŁOJKO MARTA	WROCLAW		1986	5:06	11,8	00:13:53	00:26:10	00:38:45	00:50:27	00:50:57		7
75	55	HAWRON AGNIESZKA	WROCLAW		1972	5:06	11,8	00:13:34	00:25:59	00:38:31	00:50:40	00:50:58		8
76	564	KAMIŃSKI MAREK	WROCLAW		1972	5:06	11,8	00:12:49	00:25:44	00:38:33	00:50:54	00:50:59	68	
77	587	KRÓL MICHAŁ	KAMIEŃC WROCLAWSKI	DALEKO JESZCZE?	1975	5:07	11,7	00:13:55	00:26:15	00:38:55	00:50:07	00:51:08	69	
78	690	ABULEWICZ WOJCIECH	WROCLAW	TRENING STUDIO 17	1968	5:07	11,7	00:13:49	00:26:31	00:39:05	00:50:58	00:51:12	70	
79	464	SKAŁSKA ALINA												

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Klasyfikacja: OPEN



M-ce	Nr zaw.	Nazwisko i imię	Miejscowość	Klub	Rok urodz.	tempo min/km	tempo km/h	2,5KM	5KM	7,5KM	Czas netto	Wynik	M	K
115	530	DUTKIEWICZ LUKASZ	WARSZAWA	SWPS WROCLAW	1986	5:23	11,1	00:13:50	00:27:14	00:40:48	00:53:30	00:53:49	99	
116	433	PRASK-WIECH ŻANETA	WROCLAW	MAHLE	1979	5:23	11,1	00:13:25	00:27:03	00:40:40	00:53:53	00:53:54		17
117	487	SOCHACKI GRZEGORZ	TRZEBNICA	ELMAR RUNNING TEAM	1990	5:24	11,1	00:14:57	00:27:39	00:40:54	00:53:31	00:53:57	100	
118	296	ROZNOWSKI KRZYSZTOF	CHOJNÓW		1973	5:24	11,1	00:13:11	00:26:31	00:40:07	00:53:51	00:54:01	101	
119	354	MARUT MONIKA	WROCLAW		1969	5:25	11,1	00:13:44	00:27:06	00:40:43	00:54:10	00:54:14		18
120	280	ZAREBA JACEK	WROCLAW	THE ZEE'S	1984	5:26	11,1	00:14:56	00:28:11	00:41:25	00:53:39	00:54:16	102	
121	557	PRZYBYSKI FILIP	WROCLAW		1979	5:26	11,0	00:15:12	00:28:30	00:41:38	00:53:36	00:54:22	103	
122	357	WARGOCKI MACIEJ	WROCLAW		1977	5:27	11,0	00:14:23	00:27:53	00:41:23	00:54:06	00:54:27	104	
123	626	KOLENKIEWICZ MARCIN	WROCLAW	DALEKO JESZCZE?	1973	5:27	11,0	00:14:45	00:28:27	00:42:14	00:53:27	00:54:28	105	
124	489	JADACH KAMILA	ŚRODA ŚLĄSKA		1984	5:28	11,0	00:14:54	00:28:08	00:43:35	00:54:06	00:54:37		19
125	647	MAZUREK RYSZARD	ŚRODA ŚLĄSKA		1972	5:28	11,0	00:14:54	00:28:05	00:41:32	00:54:07	00:54:38	106	
126	508	NOWAK TOMASZ	WROCLAW	TEAM MAJKI	1985	5:28	11,0	00:15:23	00:28:29	00:41:46	00:53:38	00:54:39	107	
127	716	KOZIELSKI KRZYSZTOF	GLUSZYNA		1979	5:28	11,0	00:15:15	00:28:07	00:41:28	00:54:03	00:54:40	108	
128	113	BOCHNIARZ ANNA	WROCLAW	IDEA GETIN LEASING S.A.	1982	5:28	11,0	00:14:18	00:27:50	00:41:22	00:54:25	00:54:43		20
129	56	LUPA FILIP	WROCLAW		1984	5:28	11,0	00:14:32	00:28:03	00:41:54	00:54:12	00:54:45	109	
130	50	HAŁAS DAMIAN	WROCLAW		1994	5:29	10,9	00:14:15	00:27:19	00:41:19	00:54:34	00:54:48	110	
131	438	HNAT TOMASZ	NYSA		1995	5:29	10,9	00:15:35	00:28:41	00:42:12	00:54:16	00:54:52	111	
132	437	KRYSTEK ALEKSANDRA	BELCHATÓW		1997	5:29	10,9	00:15:35	00:28:40	00:42:12	00:54:17	00:54:52	21	
133	637	ŻĘDZIANOWSKA ANNA	SWIDNICA		1985	5:29	10,9	00:14:29	00:27:59	00:41:36	00:54:36	00:54:52	22	
134	426	PROKIEWICZ MONIKA	WROCLAW	MAHLE	1975	5:29	10,9	00:12:44	00:26:48	00:40:58	00:54:54	00:54:55		23
135	611	PRUSZYŃSKI PIOTR	WROCLAW		1982	5:30	10,9	00:14:52	00:27:56	00:41:24	00:54:07	00:55:00	112	
136	215	JAŚKIEWICZ KATARZYNA	WROCLAW		1978	5:30	10,9	00:13:35	00:27:15	00:41:08	00:54:53	00:55:01		24
137	57	HUTNIK LUKASZ	WROCLAW	HUTNIK TEAM	1982	5:30	10,9	00:15:01	00:28:29	00:42:08	00:54:20	00:55:02	113	
138	114	JABŁOŃSKA ANNA	WROCLAW	IDEA GETIN LEASING S.A.	1985	5:30	10,9	00:13:48	00:27:33	00:41:43	00:54:47	00:55:02		25
139	501	FIOLEK TOMEK	WROCLAW	FIZIOTERAPIA HD TOMASZ FIOLEK	1985	5:30	10,9	00:15:24	00:28:41	00:42:10	00:54:12	00:55:03	114	
140	710	PLUTA LUDWIK	WROCLAW		1979	5:31	10,9	00:14:13	00:27:56	00:41:32	00:54:37	00:55:05	115	
141	723	KUTYCKA-KUREK ELŻBIETA	WROCLAW	CHOJRAX TEAM WROCLAW	1983	5:31	10,9	00:13:46	00:27:16	00:41:10	00:54:50	00:55:05		26
142	694	MAKLES WIOLETTA	WROCLAW	FUNDACJA UBEZPIECZENIA EUROPA UBEZPIECZENIA	1980	5:31	10,9	00:13:31	00:27:14	00:41:16	00:55:03	00:55:07		27
143	307	WAŁEŃSKI TOMASZ	BIESTRZYCZÓWA		1974	5:31	10,9	00:13:31	00:27:14	00:41:17	00:55:03	00:55:08	116	
144	92	STANIOWSKA MAGDALENA	CZĘSTOCHÓWA	BBL CZĘSTOCHOWA	1972	5:32	10,9	00:13:54	00:27:28	00:41:27	00:55:08	00:55:16		28
145	264	KACZMAREK JACEK	NAMYŚLÓW	DLA BASI	1973	5:32	10,8	00:13:58	00:27:34	00:41:30	00:55:06	00:55:18		117
146	773	KAŁKA MARCIN	RAWICZ		1984	5:33	10,8	00:15:09	00:28:43	00:42:28	00:54:53	00:55:28	118	
147	353	JAMRÓZ ADAM	WARSZAWA	PĘDZĄCA MYŚL	1973	5:33	10,8	00:12:40	00:26:33	00:40:53	00:55:27	00:55:30		119
148	292	BOBAK PIOTR	NYSA		1975	5:33	10,8	00:14:17	00:27:41	00:41:48	00:55:12	00:55:31	120	
149	269	JERCZYŃSKA BEATA	PIASKI		1982	5:33	10,8	00:14:00	00:27:49	00:41:47	00:55:25	00:55:33		29
150	569	NOGAJ MARTA	WROCLAW		1988	5:33	10,8	00:13:51	00:27:30	00:41:43	00:55:26	00:55:34		30
151	148	KUBECZEK ALEKSANDER	WROCLAW	QPATEAM	1998	5:33	10,8	00:15:32	00:29:19	00:42:34	00:55:11	00:55:35	121	
152	58	ZABOROWSKI MACIEJ	JAROCIN	FUNDACJA OGRÓD MARZEŃ JAROCIN	1974	5:34	10,8	00:13:45	00:27:27	00:41:46	00:55:28	00:55:36	122	
153	645	PANEK HELENA	WROCLAW	BALEKUNY	1991	5:34	10,8	00:13:33	00:27:36	00:41:44	00:55:30	00:55:37		31
154	229	KISLIEWICZ MAREK	WYSOKA	NOA / NIE DLA WOW	1980	5:34	10,8	00:16:13	00:30:19	00:43:30	00:55:21	00:55:43	123	
155	359	LISOWSKA URSZULA	WROCLAW		1984	5:34	10,8	00:15:06	00:28:37	00:42:17	00:55:01	00:55:45		32
156	369	BRZOSTOWIECKA ANGELIKA	WROCLAW		1997	5:35	10,8	00:14:00	00:28:14	00:42:16	00:55:38	00:55:46		33
157	27	BORKOWSKI ROBERT	WROCLAW		1978	5:35	10,8	00:13:24	00:27:13	00:41:41	00:55:48	00:55:48		124
158	288	GNIADEK DARIUSZ	WROCLAW		1966	5:35	10,7	00:13:24	00:27:09	00:41:27	00:55:48	00:55:49		125
159	110	KUC KAMIL	WROCLAW	IDEA GETIN LEASING S.A.	1987	5:36	10,7	00:12:21	00:27:15	00:41:44	00:55:51	00:55:57	126	
160	95	KOLEŚNIK KAMIL	WROCLAW	KURCZAKI NA MIARE NASZYCH MOŻLIWOŚCI	1988	5:36	10,7	00:15:19	00:29:16	00:43:14	00:55:32	00:55:59	127	
161	96	SALAMONIK PAWEŁ	WROCLAW	KURCZAKI NA MIARE NASZYCH MOŻLIWOŚCI	1992	5:36	10,7	00:15:19	00:29:17	00:43:14	00:55:32	00:55:59	128	
162	747	KOLPAK JAROSŁAW	WYSOKA		1978	5:36	10,7	00:15:40	00:29:15	00:42:42	00:55:17	00:56:01	129	
163	562	SZYMCZAK KAMILA	WROCLAW	SKILOMETR	1987	5:36	10,7	00:13:47	00:27:52	00:42:08	00:55:58	00:56:03		34
164	506	JANKIEWICZ M	BRZEG	TEAM MAJKI	1986	5:36	10,7	00:15:22	00:28:35	00:42:11	00:55:02	00:56:04		130
165	383	CICHOWLAŚ PRZEMYSŁAW	MIEJSKA GÓRKA	ACTIVE LIFESTYLE	1991	5:36	10,7	00:14:34	00:27:55	00:42:56	00:55:47	00:56:04	131	
166	344	MAJZELES ESTERA	WROCLAW		1993	5:37	10,7	00:14:18	00:28:21	00:42:33	00:56:01	00:56:08		35
167	420	ZDUNEK KATARZYNA	WROCLAW	MAHLE	1989	5:37	10,7	00:13:47	00:27:55	00:42:07	00:56:07	00:56:08		36
168	127	JARZĄBEK MICHAŁ	WROCLAW		1988	5:37	10,7	00:14:18	00:27:55	00:42:06	00:55:55	00:56:10	132	
169	212	KUCHTA SEBASTIAN	WROCLAW	ATLAS WARD POLSKA	1989	5:37	10,7	00:15:40	00:29:31	00:43:53	00:55:40	00:56:13	133	
170	29	HUTNIK WOJCIECH	BORÓW	SZWAGRY	1985	5:38	10,7	00:14:58	00:28:42	00:42:47	00:55:39	00:56:17	134	
171	582	NOWICKI PRZEMYSŁAW	WROCLAW		1984	5:38	10,7	00:16:49	00:30:18	00:43:56	00:55:13	00:56:18	135	
172	7	SKORACKA ANNA	ŚMIGÓŁ	PRO RUN WROCLAW	1992	5:38	10,7	00:14:04	00:27:51	00:42:06	00:56:02	00:56:18		37
173	34	ADAMCZAK JOLANTA	PAWŁOWICE		1972	5:38	10,7	00:14:42	00:28:26	00:42:29	00:55:56	00:56:19		38
174	673	DŁUŻEŃ MARCELINA	WROCLAW		1986	5:38	10,6	00:15:11	00:29:00	00:42:41	00:55:52	00:56:21		39
175	681	CZUBA PAWEŁ	POLSKA	BIEGANIE ZBLIŻA	1976	5:38	10,6	00:16:28	00:30:28	00:43:39	00:56:14	00:56:22		136
176	484	KOZŁOWSKI PIOTR	WROCLAW	DZUŻYNA CHOINEK	1984	5:38	10,6	00:16:31	00:30:02	00:43:22	00:55:21	00:56:24	137	
177	213	PAWELEK PAWEŁ	WROCLAW	ATLAS WARD POLSKA	1996	5:38	10,6	00:15:40	00:29:31	00:43:53	00:55:52	00:56:25	138	
178	376	KŁACZYŃSKI MIROSLAW	CIESZYCE		1976	5:39	10,6	00:14:18	00:27:53	00:42:06	00:56:11	00:56:28	139	
179	575	STACHOWSKA BASIA	MIEJSKA GÓRKA		1979	5:39	10,6	00:14:47	00:28:55	00:42:57	00:56:11	00:56:28		40
180	152	BARAŃSKI MATEUSZ	KALISZ	OTR INTERKOL	1986	5:39	10,6	00:15:39	00:28:32	00:42:10	00:55:45	00:56:29	140	
181	151	BARAŃSKI ADAM	KALISZ	TRIATHLON KALISZ	1988	5:39	10,6	00:15:39	00:28:32	00:42:10	00:55:47	00:56:29	141	
182	748	NELKE MACIEJ	WROCLAW		1961	5:39	10,6	00:15:08	00:29:00	00:42:56	00:56:07	00:56:30	142	
183	246	PIETRZYKOWSKA KATARZYNA	WROCLAW	PRO RUN WROCLAW	1984	5:39	10,6	00:14:58	00:28:47	00:42:47	00:56:14	00:56:33		41
184	45	MARCINIEWICZ MARTA	WROCLAW	MATNER RUNNING TEAM	1969	5:40	10,6	00:15:52	00:29:51	00:43:24	00:55:38	00:56:37		42
185	301	WIERZBICKA AGATA	WROCLAW		1985	5:40	10,6	00:15:05	00:28:58	00:42:52	00:56:12	00:56:40		43
186	693	KICAŁA SYLWIERIUSZ	LUBIN		1974	5:40	10,6	00:15:41	00:29:31	00:43:19	00:56:06	00:56:45	143	
187	170	ŚWIĄTEK MACIEJ	LĘKA OPATOWSKA	GAMA MOBIL	1989	5:41	10,6	00:15:11	00:29:07	00:42:54	00:56:07	00:56:50	144	
188	126	HUSAK MATEUSZ	BYSTRZYCA KŁODZKA		1992	5:41	10,6	00:14:50	00:28:57	00:43:03	00:56:37	00:56:52	145	
189	543	SADIVSKI VASYL	WROCLAW		1997	5:41	10,5	00:14:32	00:28:34	00:42:46	00:56:42	00:56:53	146	
190	544	KRAVCHUK MYYKYTA-YANUSH	WROCLAW		1997	5:41	10,5	00:14:33	00:28:34	00:42:46	00:56:42	00:56:53	147	
191	440	GORYŚ KLAUDIA	WROCLAW	LIMANGO	1994	5:41	10,5	00:14:02	00:28:02	00:42:25				

BIEG MIKOŁAJÓW

Organizator: Fundacja Góry Przenosić im. Tytusa Chałubińskiego
 Data: 01.12.2019r

Dystans: 10km

Łączny dystans

5897,5km



Miejscowość: Wrocław

Klasyfikacja: OPEN

M-ce	Nr zaw.	Nazwisko i imię	Miejscowość	Klub	Rok urodz.	tempo min/km	tempo km/h	2,5KM	5KM	7,5KM	Czas netto	Wynik	M	K
229	316	ZAWIŚLAK TOMASZ	WROCLAW	EKIPA Z	1974	5:53	10,2	00:15:33	00:29:45	00:44:14	00:57:54	00:58:50	166	
230	504	SOBOTA MICHAŁ	WROCLAW	EKOPOLIN	1986	5:53	10,2	00:16:34	00:30:54	00:45:14	00:57:45	00:58:51	167	
231	378	KEMPIŃSKI JERZY	WROCLAW		1961	5:53	10,2	00:16:09	00:30:28	00:44:55	00:58:13	00:58:54	168	
232	30	BAGIŃSKI MAREK	BORÓW	SZWAGRY	1969	5:54	10,2	00:15:21	00:29:36	00:44:12	00:58:17	00:58:56	169	
233	260	SOBZAŁ ALEKSANDRA	WROCLAW		1972	5:54	10,2	00:14:53	00:29:15	00:43:55	00:58:34	00:58:57	64	
234	495	BERNY MARCIN	WYSOKA	NOA	1980	5:54	10,2	00:16:14	00:30:27	00:44:34	00:58:08	00:59:00	170	
235	528	DUDZIŁEC ZDZIŚLAW	WARSZAWA	SWPS WROCLAW	1963	5:54	10,2	00:14:30	00:28:56	00:43:49	00:58:44	00:59:02	171	
236	595	SCZUREK SŁAWOMIR	ZÓRAWINA	ZÓRAWINA	1980	5:54	10,2	00:16:53	00:31:17	00:45:25	00:58:14	00:59:03	172	
237	556	MAKOŚA GRZEGORZ	WROCLAW	DZIECIÓŁY	1981	5:54	10,2	00:14:26	00:27:44	00:41:31	00:58:29	00:59:04	173	
238	251	JABŁOŃSKI PAWEŁ	WROCLAW		1992	5:55	10,1	00:17:30	00:32:37	00:46:55	00:58:07	00:59:10	174	
239	230	GAJEŃSKA ADAM	ZELAZKÓW		1991	5:55	10,1	00:16:54	00:31:24	00:45:37	00:58:06	00:59:14	175	
240	718	WOŹNIAK KONRAD	WROCLAW		1984	5:56	10,1	00:15:19	00:29:59	00:44:56	00:59:02	00:59:17	176	
241	721	BARWICKA SONIA	RUDA SŁĄSKA		1985	5:56	10,1	00:15:19	00:29:59	00:44:56	00:59:03	00:59:17	65	
242	132	WRÓBEL PAULINA	WROCLAW	FRANKLIN TEAM	1992	5:56	10,1	00:15:59	00:30:51	00:45:39	00:59:05	00:59:19	66	
243	325	BESKA RAFAŁ	BIELAWA		1990	5:56	10,1	00:15:09	00:29:54	00:44:29	00:58:23	00:59:22	177	
244	52	KALINIEWICZ MARTA	WROCLAW	ATRAM	1975	5:57	10,1	00:16:04	00:30:30	00:45:02	00:58:58	00:59:32	67	
245	462	DĄBROWSKI JANUSZ	WROCLAW	DON'T WORRY, BE HAPPY!	1985	5:57	10,1	00:15:31	00:29:04	00:45:36	00:58:18	00:59:34	178	
246	334	CZAJA WOJCIECH	WROCLAW		1983	5:57	10,1	00:15:38	00:29:51	00:44:26	00:59:02	00:59:34	179	
247	388	WNUKOWSKA BARBARA	PIESZYCE		1980	5:58	10,1	00:14:44	00:29:19	00:44:12	00:59:31	00:59:39	68	
248	20	SZYMANEK ROMAN	TYNIEC NAD ŚLĘZĄ		1969	5:58	10,1	00:17:39	00:32:05	00:46:20	00:58:37	00:59:41	180	
249	253	SZYDEŁKO GRZEGORZ	RAMISZÓW	SZYD TEAM	1978	5:58	10,1	00:16:24	00:31:16	00:45:39	00:59:11	00:59:42	181	
250	73	PRZYŚWIEK PIOTR	CIEŚLE	CIEŚLE	1976	5:58	10,0	00:19:09	00:33:04	00:46:36	00:58:42	00:59:43	182	
251	329	MEKAŁ DAMIAN	WROCLAW		1987	5:59	10,0	00:15:06	00:30:02	00:44:59	00:59:38	00:59:53	183	
252	678	PRZYBYŁ BEATA	WROCLAW		1979	6:00	10,0	00:16:21	00:30:47	00:45:30	00:59:08	00:59:57	69	
253	203	ROMANIUK MACIEJ	WROCLAW	ATLAS WARD POLSKA	1983	6:00	10,0	00:15:10	00:29:50	00:45:10	00:59:31	00:59:58	184	
254	733	JUCHNIK JOANNA	WROCLAW	SANTANDER CONSUMER BANK	1979	6:00	10,0	00:15:25	00:30:32	00:45:24	00:59:43	00:59:58	70	
255	668	SARAMA ARKADIUSZ	LUBIN	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	1970	6:00	10,0	00:16:25	00:30:50	00:45:39	00:59:20	00:59:59	185	
256	518	JĄŚKIEWICZ MATEUSZ	WROCLAW	STAN.M.A.PL	1978	6:00	10,0	00:16:01	00:30:30	00:45:44	00:59:18	01:00:00	186	
257	473	KUCHARSKI PATRYK	TRZEBNICA	ELMAR RUNNING TEAM	1983	6:00	10,0	00:15:01	00:28:38	00:44:11	00:59:34	01:00:00	187	
258	333	MAZUREK JOANNA	WROCLAW	MIXD	1990	6:00	10,0	00:16:19	00:31:12	00:45:58	00:59:45	01:00:01	71	
259	347	KRAMSKA JUSTYNA	STARA TUCHORZA	PHOENIX CONTACT WIELKOPOLSKA	1990	6:00	10,0	00:15:21	00:30:03	00:45:02	00:59:36	01:00:05	72	
260	548	ŁYSIK PIOTR	KUNICE		1981	6:01	10,0	00:15:51	00:30:33	00:45:44	00:59:35	01:00:07	188	
261	46	NIŻYŃSKI SEBASTIAN	WROCLAW		1997	6:01	10,0	00:15:19	00:30:56	00:46:19	00:59:38	01:00:08	189	
262	688	GRABOWSKA KAROLINA	WROCLAW		1986	6:01	10,0	00:16:24	00:31:21	00:46:13	00:59:33	01:00:09	73	
263	361	MISIUREK KATARZYNA	WROCLAW		1986	6:01	10,0	00:16:09	00:30:54	00:45:52	00:59:31	01:00:10	74	
264	428	REZPKA MAREK	WROCLAW	MAHLE	1973	6:01	10,0	00:13:00	00:28:45	00:45:23	00:59:09	01:00:10	190	
265	633	TOMOŃSKA MONIKA	GROBICE	MKS SIECHNICE	1984	6:02	10,0	00:16:29	00:31:04	00:45:59	00:59:28	01:00:17	75	
266	559	PISARSKA JOANNA	ZAGRODNO		1991	6:02	10,0	00:16:18	00:35:15	00:57:58	01:00:13	01:00:18	76	
267	129	MENDYKA MAGDALENA	WROCLAW	MATNER RUNNING TEAM / GO GO POWER RANGERS.	1993	6:03	9,9	00:16:09	00:31:07	00:46:00	00:59:53	01:00:28	77	
268	245	DUDEK ELŻBIETA	WALBRZYCH		1973	6:04	9,9	00:15:06	00:30:01	00:45:17	01:00:19	01:00:36	78	
269	159	SPIKOWSKA MONIKA	WROCLAW		1981	6:04	9,9	00:16:08	00:31:11	00:46:14	01:00:17	01:00:38	79	
270	309	ZNAMIEC MARCIN	DOBROSZÓW OL.		1983	6:04	9,9	00:16:07	00:31:11	00:46:14	01:00:18	01:00:39	191	
271	552	PEC-ŚWIECICKA MONIKA	WROCLAW		1983	6:04	9,9	00:14:34	00:29:30	00:45:12	01:00:32	01:00:40	80	
272	446	RUSIN MAŁGORZATA	WROCLAW		1980	6:04	9,9	00:15:30	00:30:20	00:45:33	01:00:22	01:00:41	81	
273	618	KURAL LUKASZ	WROCLAW	POLMER	1989	6:04	9,9	00:18:26	00:32:41	00:46:42	00:59:32	01:00:42	192	
274	497	BRODA DOMINIK	WROCLAW		1986	6:04	9,9	00:18:25	00:32:27	00:46:39	00:59:28	01:00:44	193	
275	491	ARMUŁA TOMASZ	WYSOKA		1983	6:04	9,9	00:17:12	00:32:12	00:47:08	00:59:41	01:00:45	194	
276	244	PIOTROWSKA KAMILA	WROCLAW		1988	6:05	9,9	00:15:22	00:30:44	00:46:08	01:00:40	01:00:48	82	
277	85	DRANCHUK TETIANA	WROCLAW		1988	6:05	9,9	00:14:35	00:29:53	00:45:33	01:00:47	01:00:50	83	
278	576	TRELA MAGDALENA	WROCLAW		1984	6:05	9,9	00:16:32	00:31:25	00:46:14	01:00:06	01:00:51	84	
279	734	KARAŚ ANNA	WROCLAW	SANTANDER CONSUMER BANK	1975	6:05	9,9	00:14:35	00:29:53	00:45:33	01:00:48	01:00:51	85	
280	298	WOJTKIEWICZ ALEKSANDRA	WROCLAW		1999	6:05	9,9	00:15:11	00:30:06	00:45:29	01:00:41	01:00:53	86	
281	400	BOBER MARCIN	WARSZAWA	POLARIS POLAND	1993	6:05	9,8	00:15:20	00:30:24	00:46:01	01:00:31	01:00:55	195	
282	8	MROŹ KATARZYNA	WROCLAW		1983	6:06	9,8	00:14:52	00:29:45	00:45:09	01:00:46	01:00:58	87	
283	492	NADACHEWICZ ŁUKASZ	WROCLAW	EKIPA PIWKO	1986	6:06	9,8	00:17:12	00:32:12	00:47:08	00:59:56	01:01:00	196	
284	366	PALEJ JUSTYNA	BRZEŃ	J&J	1982	6:06	9,8	00:14:57	00:30:11	00:45:38	01:00:53	01:01:00	88	
285	607	BARANOWSKI KAROL	WROCLAW		1985	6:06	9,8	00:16:16	00:31:01	00:46:12	01:00:21	01:01:04	197	
286	659	WARDA KRZYSZTOFA	WROCLAW		1997	6:07	9,8	00:16:31	00:31:46	00:46:37	01:00:57	01:01:09	89	
287	155	GLĄBICA ADAM	KAMIEŃC WROCLAWSKI		1964	6:07	9,8	00:16:22	00:31:16	00:46:24	01:00:47	01:01:12	198	
288	278	GOLIŚ KATARZYNA	WROCLAW		1998	6:07	9,8	00:15:24	00:30:21	00:46:08	01:00:54	01:01:14	90	
289	712	POLIC ALEKSANDRA	SIECHNICE		1978	6:08	9,8	00:16:06	00:31:08	00:46:33	01:00:43	01:01:17	91	
290	745	BINIĘK MONIKA	WROCLAW		1990	6:08	9,8	00:17:16	00:32:02	00:46:43	01:00:27	01:01:23	92	
291	62	CZOŁOWSKI TOMMY	WROCLAW		1977	6:09	9,7	00:16:04	00:30:56	00:46:04	01:00:51	01:01:30	199	
292	31	NOWAK-GOŁĄBKA ROKSANA	LESZNO		1984	6:09	9,7	00:16:45	00:32:01	00:47:34	01:01:07	01:01:35	93	
293	404	MAŁYSZEK MICHAŁ	WROCLAW	DELOITTE ADVENTURE TEAM	1987	6:10	9,7	00:16:44	00:34:11	00:48:15	01:01:19	01:01:36	200	
294	97	KOZERA JOANNA	CZĘSTOCHOWA	BBL CZĘSTOCHOWA	1972	6:10	9,7	00:14:44	00:29:40	00:45:32	01:01:33	01:01:40	94	
295	77	JABŁOŃSKI PIOTR	WROCLAW		1987	6:10	9,7	00:17:30	00:32:38	00:47:18	01:00:40	01:01:44	201	
296	408	RAJTARSKA EDYTA	WILCZYCE		1972	6:10	9,7	00:15:02	00:30:31	00:46:08	01:01:42	01:01:44	95	
297	691	ENGL-ABULEWICZ ELŻBIETA	WROCLAW	TRENING STUDIO 17	1967	6:11	9,7	00:15:26	00:30:41	00:46:24	01:01:37	01:01:47	96	
298	100	JARZĄBEK MAGDALENA	WROCLAW	IDEA GETIN LEASING S.A.	1987	6:11	9,7	00:15:38	00:31:32	00:47:02	01:01:35	01:01:50	97	
299	516	KRAJEWSKI SEBASTIAN	WROCLAW	NONAME	1978	6:11	9,7	00:16:50	00:32:03	00:47:15	01:01:17	01:01:53	202	
300	451	ANASIAK TOMASZ	WROCLAW	ASPA GROUP	1993	6:11	9,7	00:14:27	00:29:35	00:46:14	01:01:38	01:01:53	203	
301	608	GOLUCH ARKADIUSZ	LAGIEWNIKI	STRZEGOMSKA DWUNASTKA	1975	6:11	9,7	00:14:45	00:29:36	00:45:27	01:01:32	01:01:54	204	
302	291	TOKARSKA MARIOLA	JASTRZEBIE		1976	6:11	9,7	00:14:45	00:29:36	00:45:27	01:01:44	01:01:54	98	
303	461	ZIÓŁKOWSKI CZESZY	WROCLAW	ASPA GROUP	1992	6:12	9,7	00:14:27	00:29:33	00:46:13	01:01:41	01:01:57	205	
304	18	TARCZEWSKA ANNA	SOLEC KUJAWSKI		1986	6:12	9,7	00:17:20	00:31:51	00:46:47	01:01:24	01:01:59	99	
305	631	KIRCUŃ PAWEŁ	WROCLAW		1975	6:12	9,7	00:15:26	00:30:12	00:45:44	01:01:27	01:01:59	206	
306	179	PETRYSZYŃ ULA	JELCZ ŁASKOWICE		1980	6:12	9,7	00:15:16	00:30:55	00:				

BIEG MIKOŁAJÓW

Organizator: Fundacja Góry Przenosić im. Tytusa Chałubińskiego
 Data: 01.12.2019r
 Dystans: 10km
 Miejscowość: Wrocław

Łączny dystans
5897,5km

Klasyfikacja: OPEN



M-ce	Nr zaw.	Nazwisko i imię	Miejscowość	Klub	Rok urodz.	tempo min/km	tempo km/h	2,5KM	5KM	7,5KM	Czas netto	Wynik	M	K
343	207	KOSTIUK MARIANA	WROCLAW	ATLAS WARD POLSKA	1991	6:21	9,4	00:15:18	00:30:31	00:46:26	01:03:06	01:03:32		128
344	205	RUDNICKI PIOTR	WROCLAW	ATLAS WARD POLSKA	1993	6:23	9,4	00:17:22	00:33:29	00:49:06	01:03:13	01:03:46	216	
345	255	SZYDEŁKO BEATA	RAMISZÓW	SZYD TEAM	1977	6:23	9,4	00:16:30	00:32:16	00:48:16	01:03:15	01:03:46		129
346	268	PIEPRZYK AGATA	WROCLAW	MACOPHARMA	1985	6:23	9,4	00:16:33	00:31:25	00:47:01	01:03:12	01:03:47		130
347	624	KRZYNOWEK-KEŚKA LUCYNA	WROCLAW		1982	6:23	9,4	00:16:31	00:31:40	00:47:31	01:03:13	01:03:52		131
348	651	STAROŚCIAK MARTA	WILCZYCE		1985	6:23	9,4	00:15:23	00:31:33	00:47:55	01:03:28	01:03:52		132
349	406	WOLBIŚ ANETA	BYKÓW		1982	6:24	9,4	00:16:22	00:31:51	00:47:45	01:03:34	01:03:57		133
350	402	TELEGA JOAHNA	WARSZAWA	POLARIS POLAND	1979	6:24	9,4	00:14:59	00:30:03	00:45:34	01:03:37	01:04:01		134
351	652	STAROŚCIAK GRZEGORZ	WILCZYCE		1983	6:24	9,4	00:16:34	00:32:20	00:48:17	01:03:38	01:04:02		217
352	416	ONYSKO VIKTORIIA	WROCLAW		1988	6:24	9,4	00:16:49	00:31:55	00:48:12	01:03:14	01:04:05		135
353	641	KAZMIERCIK MICHAŁ	WROCLAW		1988	6:24	9,4	00:13:37	00:29:47	00:47:04	01:04:03	01:04:05		218
354	661	KUPIAJ MARIA	WROCLAW	KRZYMAR	1997	6:25	9,4	00:16:32	00:32:42	00:49:03	01:03:55	01:04:07		136
355	17	KOTECKI MARCIN	WROCLAW		1977	6:25	9,3	00:17:20	00:33:09	00:49:01	01:03:36	01:04:11		219
356	379	DAWIDEK WIOLETA	WROCLAW		1992	6:25	9,3	00:16:30	00:32:22	00:48:26	01:04:03	01:04:11		137
357	350	KORSUN LIUDMILA	WROCLAW		1972	6:25	9,3	00:16:38	00:32:15	00:48:23	01:03:40	01:04:12		138
358	525	WESOLOWSKA JOAHNA	WROCLAW	JEST INNA GRUPA	1982	6:26	9,3	00:17:26	00:33:33	00:49:14	01:03:18	01:04:17		139
359	99	STACH KATARZYNA	WROCLAW	IDEA GETIN LEASING S.A.	1988	6:28	9,3	00:16:19	00:32:05	00:48:39	01:04:20	01:04:36		140
360	442	MALCZYŃSKA JUSTYNA	WROCLAW	LIMANGO	1995	6:28	9,3	00:14:55	00:30:55	00:47:42	01:04:35	01:04:37		141
361	580	STRONCWIŁK PIOTR	WYSOKA		1988	6:28	9,3	00:17:48	00:33:14	00:48:58	01:03:48	01:04:44		220
362	784	ADAMSKA MONIKA	WROCLAW	HOIST POLSKA	1994	6:28	9,3	00:18:28	00:34:33	00:50:10	01:04:05	01:04:45		142
363	374	URBAŃSKA KATARZYNA	WROCLAW		1976	6:29	9,3	00:16:40	00:32:29	00:49:15	01:04:03	01:04:47		143
364	28	HOHEISEL MONIKA	GRACZE	KYOKUSHIN FK	1987	6:29	9,3	00:17:35	00:33:27	00:49:45	01:03:49	01:04:48		144
365	12	LATA MONIKA	GRACZE	KYOKUSHIN	1975	6:29	9,3	00:15:37	00:33:27	00:49:45	01:03:49	01:04:48		145
366	66	SKIBIŃSKA MAŁGORZATA	WROCLAW		1984	6:29	9,2	00:15:27	00:31:41	00:48:17	01:04:39	01:04:52		146
367	102	GLOMBIK TOMASZ	WROCLAW	IDEA GETIN LEASING S.A.	1986	6:30	9,2	00:14:44	00:30:05	00:46:54	01:04:50	01:05:02		221
368	739	MORAWIEC ANNA	WROCLAW	SANTANDER CONSUMER BANK	1976	6:30	9,2	00:15:04	00:31:54	00:48:04	01:05:04	01:05:04		147
369	592	GLADYSZ KAMIL	WARSZAWA		1991	6:31	9,2	00:16:59	00:33:54	00:49:33	01:04:46	01:05:06		222
370	519	KACZOR SZYMON	WROCLAW		1987	6:31	9,2	00:16:48	00:32:36	00:48:28	01:04:35	01:05:07		223
371	261	KUD-CZUPIŁ LEŻBIETA	WROBŁOWICE		1982	6:32	9,2	00:16:46	00:32:50	00:49:11	01:04:47	01:05:17		148
372	6	BARAN ALEKSANDRA	KRAKÓW		1994	6:33	9,2	00:16:48	00:32:40	00:49:55	01:04:59	01:05:27		149
373	900	WIŚNIEWSKI STEFAN	WROCLAW		1949	6:33	9,2	00:15:56	00:32:09	00:48:53	01:05:16	01:05:34		224
374	899	WIŚNIEWSKA MARTA	WROCLAW		1980	6:33	9,2	00:15:57	00:32:10	00:48:53	01:05:17	01:05:34		150
375	13	LATA PIOTR	GRACZE	KYOKUSHIN	1973	6:34	9,1	00:17:26	00:33:28	00:49:47	01:04:36	01:05:36		225
376	217	SZUSZCZYŃSKA AGNIESZKA	MIRKÓW		1971	6:34	9,1	00:15:04	00:30:56	00:48:04	01:05:31	01:05:37		151
377	537	PIEKARZ PAWEŁ	WYSOKA		1973	6:34	9,1	00:17:23	00:33:28	00:49:48	01:04:47	01:05:38		226
378	555	KONIOR AGNIESZKA	WROCLAW	DZIĘCIOŁY	1981	6:35	9,1	00:16:49	00:32:48	00:49:05	01:05:13	01:05:46		152
379	390	DYKAS MARCIN	WROCLAW		1982	6:35	9,1	00:17:21	00:33:03	00:49:23	01:05:16	01:05:49		227
380	358	CZEKAJ KATARZYNA	NAMYŚLÓW	DIEHL CONTROL POLSKA	1994	6:35	9,1	00:16:03	00:32:03	00:48:45	01:05:23	01:05:51		153
381	432	KACZYŃSKA PAULINA	WROCLAW	MAHLE	1979	6:36	9,1	00:14:10	00:29:03	00:44:43	01:05:54	01:05:55		154
382	197	STANKIEWICZ GRZEGORZ	ŚLĘZA	NINKA TEAM	1982	6:36	9,1	00:16:47	00:33:27	00:50:08	01:05:38	01:05:56		228
383	196	STANKIEWICZ PAULINA	ŚLĘZA	NINKA TEAM	1986	6:36	9,1	00:16:47	00:33:26	00:50:09	01:05:38	01:05:56		155
384	123	BEDNARZ ANNA	OLEŚNICA		1971	6:36	9,1	00:16:54	00:33:30	00:49:57	01:05:42	01:05:58		156
385	4	LEWICKA GABRIELA	OLEŚNICA		1978	6:36	9,1	00:16:55	00:33:30	00:49:58	01:05:42	01:05:58		157
386	318	KRUSZEWSKA RENATA	WROCLAW		1972	6:36	9,1	00:17:31	00:33:40	00:49:50	01:05:22	01:06:01		158
387	897	GLUSZCZYSZYŃ ADRIAN	KUNICE		1975	6:36	9,1	00:16:33	00:33:35	00:50:57	01:05:59	01:06:05		229
388	605	LEŚNIAK ARTUR	WROCLAW		1981	6:37	9,1	00:17:10	00:33:12	00:49:31	01:05:31	01:06:09		230
389	522	KUCZYŃSKA MAŁGORZATA	WROCLAW		1972	6:37	9,1	00:16:47	00:31:51	00:49:08	01:05:51	01:06:09		159
390	93	TATYS JOAHNA	KUNICE		1972	6:37	9,1	00:16:33	00:33:35	00:50:56	01:06:03	01:06:10		160
391	146	DATA MARCIN	WROCLAW		1978	6:37	9,1	00:18:26	00:34:58	00:51:02	01:05:14	01:06:13		231
392	759	PUKALSKI KAROL	WROCLAW		1993	6:37	9,1	00:18:00	00:33:43	00:50:02	01:05:29	01:06:13		232
393	639	HAMIKAŁO AGNIESZKA	NYSA		1989	6:37	9,1	00:18:59	00:35:18	00:51:03	01:05:21	01:06:14		161
394	790	GIEBEL AGNIESZKA	WROCLAW	HOIST POLSKA	1975	6:38	9,1	00:17:38	00:34:07	00:50:41	01:05:34	01:06:17		162
395	338	PIEKARZ ANNA	AVRA		1988	6:38	9,0	00:15:17	00:31:35	00:49:15	01:06:18	01:06:22		163
396	339	NOWAK SANDRA	WROCLAW	AVRA	1987	6:38	9,0	00:14:56	00:31:35	00:49:14	01:06:19	01:06:22		164
397	532	MOTRIUK RAFAŁ	WARSZAWA	SWPS WROCLAW	1972	6:39	9,0	00:19:11	00:34:42	00:50:09	01:06:18	01:06:32		233
398	443	RUSZLEWICZ MARTA	WROCLAW	LIMANGO	1983	6:39	9,0	00:15:30	00:31:49	00:48:59	01:06:34	01:06:35		165
399	483	KOZŁOWSKA WERONIKA	WROCLAW	DRUŻYNA CHOINEK	1983	6:40	9,0	00:17:04	00:33:08	00:49:47	01:05:34	01:06:37		166
400	360	KACZMAREK ALEKSANDRA	OSWIĘCIM	FIZIOBEGACZE	1997	6:40	9,0	00:15:56	00:32:37	00:50:06	01:06:37	01:06:38		167
401	297	BAJURA SARA	BIERUŃ	FIZIOBEGACZE	1995	6:40	9,0	00:15:56	00:32:37	00:50:07	01:06:37	01:06:38		168
402	283	KALINOWSKI MARCIN	BIESTRZYKÓW		1975	6:41	9,0	00:16:12	00:32:28	00:49:31	01:06:09	01:06:47		234
403	32	RYGŁOWSKI WŁODZIMIERZ	GOSTYŃ		1985	6:42	9,0	00:16:41	00:32:00	00:47:34	01:06:28	01:06:57		235
404	118	GAJDA ŁUKASZ	MIERZYŃEK		1989	6:42	9,0	00:16:43	00:32:01	00:47:35	01:06:29	01:06:58		236
405	54	ZWOLSKA MARTA	BIERUTÓW		1986	6:42	9,0	00:17:25	00:33:52	00:50:40	01:06:09	01:07:01		169
406	755	GAWĘDA SYLWIA	CZĘSTOCHOWA		1994	6:43	8,9	00:16:27	00:33:10	00:50:19	01:07:04	01:07:08		170
407	756	TATARA MARTYNA	WROCLAW		1995	6:43	8,9	00:16:27	00:33:10	00:50:19	01:07:04	01:07:08		171
408	427	KONTNY BERNARD	WROCLAW	MAHLE	1993	6:43	8,9	00:17:03	00:33:36	00:50:20	01:06:51	01:07:10		237
409	538	MALESZA MAJA	WROCLAW		1980	6:43	8,9	00:16:28	00:33:11	00:50:26	01:07:07	01:07:14		172
410	654	TARAKANOW BARBARA	WROCLAW	STANMA.PL	1972	6:43	8,9	00:17:52	00:34:26	00:50:43	01:06:34	01:07:15		173
411	715	BRZEK BARTOSZ	PABIANICE	KARAMBA	1980	6:44	8,9	00:19:14	00:37:46	00:52:50	01:06:22	01:07:17		238
412	108	GAWĘŁ SŁAWOMIR	WROCLAW	IDEA GETIN LEASING S.A.	1987	6:44	8,9	00:17:05	00:34:22	00:51:05	01:07:15	01:07:21		239
413	330	PIASECKI PAWEŁ	WROCLAW		1979	6:44	8,9	00:16:36	00:31:48	00:47:29	01:06:17	01:07:23		240
414	724	ZYGADŁO MICHAŁ	WROCLAW		1978	6:45	8,9	00:17:47	00:34:36	00:51:35	01:06:18	01:07:26		241
415	649	CHOROŚ SYLWIA	WARSZAWA		1987	6:45	8,9	00:16:49	00:33:26	00:50:10	01:07:10	01:07:28		174
416	722	PAŁKA BARTŁOMIEJ	WROCLAW		1990	6:45	8,9	00:17:22	00:33:36	00:51:18	01:06:46	01:07:34		242
417	176	MIKOŁAJCZYK MAGDALENA	ŁĘKA OPATOWSKA	GAMA MOBIL	1981	6:46	8,9	00:19:53	00:35:36	00:51:22	01:06:56	01:07:43		175
418	589	WIRTH-CZARCIŃSKA MAGDALENA	ZAWONIA		1975	6:47	8,9	00:18:17	00:36:12	00:51:44	01:07:20	01:07:46		176
419	766	PLOMIŃSKA MAŁGORZATA	WROCLAW		1994	6:49	8,8	00:17:59	00:34:33	00:51:41	01:07:28	01:08:10		177
420	774	MĄCZKA SYLWIA	MILICZ	HOIST POLSKA	1989	6:49	8,8	00:18:00	00:36:12	00:52:05	01:07:31	01:08:12		178
421	765	KALINOWSKI GRZEGORZ	WILKSZYN		1995	6:50	8,8	00:1						

BIEG MIKOŁAJÓW

Organizator: Fundacja Góry Przenieść im. Tytusa Chałubińskiego
 Data: 01.12.2019r
 Dystans: 10km
 Miejscowość: Wrocław

Łączny dystans
 5897,5km

Klasyfikacja: OPEN



M-ce	Nr zaw.	Nazwisko i imię	Miejscowość	Klub	Rok urodz.	tempo min/km	tempo km/h	2,5KM	5KM	7,5KM	Czas netto	Wynik	M	K
457	449	SZYMAŃSKA MARTA	WROCLAW	LIMANGO	1985	7:17	8,2	00:16:03	00:35:43	00:53:46	01:12:49	01:12:51	202	
458	352	JAMRÓŻ MARIA	WARSZAWA	PĘDZĄCA MYSZ	1968	7:18	8,2	00:18:20	00:35:35	00:53:59	01:11:44	01:12:56	203	
459	533	MOROZOW IWONA	WARSZAWA	SWPS WROCLAW	1986	7:18	8,2	00:18:56	00:37:15	00:55:24	01:12:14	01:12:59	204	
460	769	KOSIARZYK ALEKSANDRA	WROCLAW	SWPS WROCLAW	1993	7:18	8,2	00:18:42	00:36:45	00:54:43	01:12:15	01:12:59	205	
461	657	TROMBIK-CWIEK AGNIESZKA	WROCLAW		1976	7:19	8,2	00:18:39	00:36:33	00:54:52	01:12:19	01:13:08	206	
462	717	JODŁOWSKI KRZYSZTOF	WROCLAW	MARCINKOWICE	1970	7:21	8,2	00:17:56	00:36:03	00:54:38	01:13:07	01:13:33	255	
463	534	KAMIŃSKI WŁODZISŁAW	WARSZAWA	SWPS WROCLAW	1978	7:24	8,1	00:18:29	00:36:40	00:55:37	01:13:49	01:14:05	256	
464	222	ŚWIERZ-JĘDROSEK ALICJA	WARSZAWA	NOA	1978	7:25	8,1	00:17:11	00:35:50	00:54:42	01:14:06	01:14:09	207	
465	370	KAWA ANETA	WROCLAW	PIETRZYKOWICE	1975	7:27	8,0	00:18:21	00:36:44	00:55:23	01:14:08	01:14:33	208	
466	646	KOWALSKI DARIUSZ	WROCLAW		1985	7:28	8,0	00:21:23	00:38:32	00:56:16	01:13:31	01:14:43	257	
467	351	FAST ANNA	WROCLAW		1983	7:30	8,0	00:18:58	00:36:46	00:55:14	01:14:16	01:15:01	209	
468	86	POKORNY JOANNA	WROCLAW		1969	7:32	8,0	00:18:02	00:36:26	00:55:47	01:14:51	01:15:18	210	
469	149	JAROMI-ŻMUDA OLGA	WROCLAW		1980	7:32	8,0	00:19:50	00:38:17	00:56:52	01:14:41	01:15:25	211	
470	414	KACPRZAK KATARZYNA	WROCLAW		1976	7:33	8,0	00:19:21	00:38:19	00:57:21	01:14:50	01:15:28	212	
471	363	KOPACZEK KAROLINA	WROCLAW		1984	7:34	7,9	00:18:08	00:36:13	00:55:39	01:14:48	01:15:39	213	
472	364	KOPACZEK PAWEŁ	WROCLAW		1984	7:34	7,9	00:18:08	00:36:13	00:55:38	01:14:49	01:15:40	258	
473	279	PIEGZA FILIP	WROCLAW		1986	7:34	7,9	00:17:55	00:36:58	00:56:19	01:15:07	01:15:45	259	
474	615	SOBÓŃ MARYSIA	WROCLAW	BOSCH SERVICE PIOTR SOBÓŃ	1999	7:36	7,9	00:18:50	00:37:21	00:56:20	01:14:57	01:16:03	214	
475	616	SOBÓŃ PIOTR	WROCLAW	BOSCH SERVICE PIOTR SOBÓŃ	1971	7:36	7,9	00:18:25	00:37:36	00:56:21	01:14:57	01:16:03	260	
476	524	KAMECKA ALEKSANDRA	WROCLAW		1996	7:37	7,9	00:17:50	00:36:30	00:56:18	01:15:49	01:16:12	215	
477	242	SOBUŚ MONIKA	WROCLAW		1985	7:39	7,8	00:19:20	00:38:16	00:57:29	01:15:22	01:16:34	216	
478	250	KOZŁOWSKI ŁUKASZ	OLEŃWA	DRUŻYNA CHOINEK	1979	7:42	7,8	00:19:27	00:37:59	00:57:12	01:15:54	01:16:57	261	
479	485	KOZŁOWSKA AGNIESZKA	WROCLAW	DRUŻYNA CHOINEK	1980	7:42	7,8	00:19:25	00:37:59	00:57:12	01:15:55	01:16:57	217	
480	281	ZAREBA AGNIESZKA	WROCLAW	THE ZEE'S	1987	7:47	7,7	00:19:43	00:39:36	00:59:30	01:17:14	01:17:51	218	
481	493	ZAPART-LUPA ZUZANNA	WROCLAW		1987	7:48	7,7	00:18:19	00:37:25	00:57:33	01:17:42	01:18:01	219	
482	494	ZAPART VIOLETTA	ŚWIDNICA		1961	7:48	7,7	00:18:19	00:37:25	00:57:34	01:17:42	01:18:01	220	
483	169	KURIATA LUDWIKA	WROCLAW		1976	8:00	7,5	00:18:43	00:39:01	00:59:44	01:19:32	01:19:56	221	
484	642	KOPYTOWSKI KRYSZTIAN	WROCLAW		1995	8:06	7,4	00:17:32	00:39:33	00:59:40	01:20:20	01:20:59	262	
485	88	KRZEMIEŃ SŁAWOMIR	TRZEBNICA	LIVIOON SŁAWEK	1974	8:07	7,4	00:19:33	00:39:51	01:00:39	01:20:43	01:21:09	263	
486	610	STARZECKA LUDMIŁA	WROCLAW		1954	8:11	7,3	00:21:07	00:42:00	01:02:28	01:21:08	01:21:49	222	
487	1	HŻYŻ KATARZYNA	LUBIN	SIMBA TEAM	1971	8:11	7,3	00:19:16	00:38:27	01:01:38	01:20:37	01:21:51	223	
488	154	LISIECKI JAKUB	WROBLOWICE	KURCZAKI NA MIARE NASZYCH MOŻLIWOŚCI	1989	8:17	7,2	00:21:29	00:41:40	01:02:33	01:21:50	01:22:51	264	
489	128	BIELAT ANNA	WROCLAW	KURCZAKI NA MIARE NASZYCH MOŻLIWOŚCI	1993	8:17	7,2	00:21:29	00:41:40	01:02:33	01:21:51	01:22:51	224	
490	502	MAJEWICZ ALEKSANDRA	WROCLAW	FIZIOTERAPIA HD TOMASZ FIJOLEK	1991	8:21	7,2	00:20:38	00:39:33	00:58:14	01:22:42	01:23:33	225	
491	644	STARCEWSKA ALEKSANDRA	LEGNICA	DLA OLEŃKI	1974	8:41	6,9	00:21:59	00:44:17	01:05:45	01:26:16	01:26:54	226	
492	606	SZAFRAŃSKA AGNIESZKA	LEGNICA	DLA OLEŃKI	1976	8:41	6,9	00:21:59	00:44:17	01:05:45	01:26:16	01:26:54	227	
493	623	ŚWIECA PIOTR	WROCLAW	POLMER	1972			00:13:26	00:25:49	00:38:12				
494	71	BIELECKA IWONA	WROCLAW	PRO-RUN WROCLAW	1986			00:14:13	00:27:28	00:40:59				
495	192	OGÓREK KRZYSZTOF	WYSOKA	DZIKI Z OLATAZYNA	1986			00:14:25	00:28:09	00:41:50				
496	470	BONCZAROWSKI SEBASTIAN	TRZEBNICA	ELMAR RUNNING TEAM	1979			00:15:01	00:28:48	00:42:01				
497	335	TRELIŃSKA MAŁGORZATA	WROCLAW	MIXD	1995			00:15:45	00:29:40	00:43:32				
498	15	PRZYBYŚZ GRZEGORZ	WALBRZYCH	PREDATORS WALBRZYCH	1976			00:16:16	00:32:18	00:44:27				
499	452	JALOCHA SŁAWOMIR	WROCLAW	ASPА GROUP	1969			00:15:20	00:30:23	00:45:57				
500	588	KRÓL BEATA	KAMIEŃC WROCLAWSKI	DALEKO JESZCZE?	1981			00:15:47	00:31:04	00:46:46				
501	11	SZUKALSKI MARCIN	KALISZ		1986			00:16:50	00:32:20	00:47:39				
502	164	MAJKA BARTOSZ	OLEŃWA		1991			00:17:04	00:32:24	00:47:51				
503	332	STACHI ANNA	WROCLAW	MIXD	1992			00:17:02	00:32:44	00:48:00				
504	336	CZARNECKA MARTA	WROCLAW	MIXD	1993			00:15:45	00:32:41	00:48:01				
505	84	STABROWSKA-HUZAR TERESA	MIKOŁOVICE		1966			00:14:56	00:31:11	00:48:23				
506	300	LEŻYŃSKA AGNIESZKA	WROCLAW		1977			00:16:46	00:33:04	00:48:58				
507	178	WALAS PAWEŁ	WROCLAW		1982			00:17:58	00:33:52	00:49:35				
508	276	WAJDYSKI DARIUSZ	WROCLAW	DMDW	1992			00:11:52	00:34:04	00:49:46				
509	47	ŁUKOMSKA JOANNA	WROCLAW		1992			00:17:22	00:32:57	00:50:08				
510	792	POMICHTER ŻAKLINA	WROCLAW	HOIST POLSKA	1993			00:18:28	00:34:34	00:50:10				
511	290	KMIECIK MONIKA	WROCLAW (WROCLAW-FABRYCZ)		1976			00:16:21	00:33:32	00:50:54				
512	285	ZELKE PIOTR	WROCLAW	CLAUDE TEAM	1988			00:17:34	00:34:06	00:51:18				
513	750	SZPIŁA ANITA	WROCLAW		1985			00:17:27	00:32:42	00:51:31				
514	104	KOWAL AGNIESZKA	WROCLAW	IDEA GETIN LEASING S.A.	1979			00:17:03	00:34:19	00:51:49				
515	796	PEDROWICZ JOLANTA	WROCLAW	HOIST POLSKA	1989			00:18:55	00:36:17	00:52:26				
516	701	SZYNAŁ RADOSŁAW	WROCLAW	SOFTSERVE	1986			00:18:46	00:35:41	00:52:48				
517	405	MAŁYSZEK MONIKA	WROCLAW	DO BOJU ŻÓŁWIE!	1987			00:16:44	00:34:12	00:53:04				
518	210	STACHURSKI PIOTR	WROCLAW	ATLAS WARD POLSKA	1988			00:16:20	00:34:37	00:53:17				
519	61	CZERWONAJCIO AGATA	WROCLAW		1967			00:18:34	00:35:47	00:53:25				
520	579	CICHY MAŁGORZATA	WROCLAW	GNAZDO	1985			00:17:15	00:33:29	00:53:59				
521	204	BARKOWSKI JACEK	WROCLAW	ATLAS WARD POLSKA	1987			00:17:42	00:35:01	00:54:13				
522	232	HYCINAR JOWITA	WROCLAW		1991			00:19:01	00:36:54	00:55:09				
523	785	KURASINSKA JOANNA	WROCLAW	HOIST POLSKA	1992			00:19:03	00:37:29	00:56:14				
524	236	KŁOS TOMASZ	WROCLAW	BRAWL STARS TEAM	1983			00:19:01	00:37:46	00:56:49				
525	447	NAGY MARTA	WROCLAW	LIMANGO	1983			00:18:14	00:37:11	00:56:58				
526	144	PIREK NATALIA	WROCLAW		1986			00:19:30	00:37:35	00:57:01				
527	751	FIGURA ALEKSANDRA	WROCLAW		1985			00:19:27	00:37:19	00:57:10				
528	243	MAZURKIEWICZ ŁUKASZ	WROCLAW		1986			00:19:20	00:38:17	00:57:29				
529	714	STEFAN ALBERT	MIEJSKA GÓRKA	DRUŻYNA KEVINA	1977			00:19:50	00:38:54	00:57:41				
530	393	SZYMIELSKA MAŁGORZATA	WROCLAW		1990			00:18:23	00:37:46	00:57:44				
531	558	BANACH JOANNA	WROCLAW		1991			00:16:12	00:34:51	00:57:58				
532	730	DOWNAROWICZ-KABATH NATALIA	WROCLAW	SANTANDER CONSUMER BANK	1978			00:17:52	00:38:15	00:58:17				
533	237	GRUDZIŃSKA JOANNA	BRZEG		1970			00:19:58	00:40:00	00:58:49				
534	513	SZELIGIEWICZ LUDIA	STANOWICE		1964			00:19:32	00:38:56	00:58:53				
535	511	ŁAWNIK MAŁGORZATA	STANOWICE		1971			00:19:32	00:38:56	00:58:54				
536	664	FEDYK AGNIESZKA	WROCLAW	KICAJĄCE ZAJĄCE	1970			00:20:36	00:42:46	01:00:32				
537	565	FULAWKA ALEKSANDRA	WROCLAW		1991			00:19:52	00:38:26	01:01:11				
538	448	LEWANDOWSKA MAŁGORZATA	WROCLAW	LIMANGO	1987			00:18:18	00:38:39	01:01:47				
539	563	SOCHA ELŻBIETA	WROCLAW		1986			00:19:52	00:38:25	01:01:53				
540	175	GĄSZCZAK KINGA	ŁĘKA OPATOWSKA	GAMA MOBILER	1986			00:21:22	00:43:33	01:02:33				
541	583	TELMACH EWA	GOLISZÓW	DRAPIKI I PASJONACI NORDIC WALKING	1975			00:23:32	00:47:28	01:11:20				
542	161	MALON ANNA	WROCLAW		1980			00:22:08	00:45:17	01:12:26				
543	728	DAWIDOWICZ DOROTA	WROCLAW	SANTANDER CONSUMER BANK	1977			00:26:26	00:49:54	01:14:27				
544	577	ZALEWSKA ANNA	PRUSZOWICE		2001			00:12:38	00:25:11					

BIEG MIKOŁAJÓW

Organizator: Fundacja Góry Przenosić im. Tytusa Chatubińskiego
 Data: 01.12.2019r
 Dystans: 10km
 Miejscowość: Wrocław

Łączny dystans
 5897,5km

Klasyfikacja: OPEN



M-ce	Nr zaw.	Nazwisko imię	Miejscowość	Klub	Rok urodz.	tempo min/km	tempo km/h	2,5KM	5KM	7,5KM	Czas netto	Wynik	M	K
685	521	BOŁOZOWSKI DARIUSZ	WROCLAW		1970			00:39:30						
686	200	RAKOWIEC TOMASZ	WROCLAW	ATLAS WARD POLSKA	1980						00:59:49			
687	313	BANDZIAK KLAUDIA	WROCLAW		1984									
688	275	BARTNIK-URBAŃSKA AGNIESZKA	WROCLAW		1975									
689	496	BERNY MAŁGORZATA	WYSOKA	NOA	1981									
690	392	BOCZAR WALDEMAR	WROCLAW		1984									
691	106	BORUCKA EMILIA	WROCLAW	IDEA GETIN LEASING S.A.	1993									
692	19	BRYŃSKI DARIUSZ	ZIELONA GÓRA		1963									
693	107	BUCYK EMILIA	WROCLAW	IDEA GETIN LEASING S.A.	1994									
694	702	BURLIKOWSKA ANETA	LUBIN		1993									
695	526	BYRKA KATARZYNA	WARSZAWA	SWPS WROCLAW	1980									
696	467	CHALUPA LUKASZ	TRZEBNICA	ELMAR RUNNING TEAM	1985									
697	91	CIEPAJ EWA	WROCLAW	-	1983									
698	198	DUBLAŃSKA AGNIESZKA	WROCLAW	ATLAS WARD POLSKA	1993									
699	224	DZIUGIEL MAREK	WROCLAW		1980									
700	398	FEĆ JAKUB	WARSZAWA	POLARIS POLAND	1993									
701	677	FRANK ANITA	WROCLAW		1969									
702	187	GARCIA SERRANO PALOMA	WROCLAW		1974									
703	403	GARNCZAREK MARCIN	SIECHNICE	BIEGAJEMNA	1983									
704	703	GÓRSKA NATALIA	WARSZAWA		1985									
705	227	GUT DAWID	WIEŁOWIEŚ	FIZIOBIEGACZE	1997									
706	349	HADRO DAMIAN	WROCLAW	#SZYBKIEBESTIE	1986									
707	133	HETMAŃCZUK WERONIKA	WROCLAW	FRANKLIN TEAM	1993									
708	391	ILSKA JOANNA	WROCLAW		1992									
709	708	IRZYKOWSKI MACIEJ	LUBIN		1979									
710	337	JAKUBAS MARTA	WROCLAW	MIXD	1988									
711	319	JANCZAREK LUKASZ	WROCLAW		1984									
712	410	JANISZEWSKA ANETA	WROCLAW		1983									
713	26	JANKOWSKI ARTUR	NO WA RUDA		1972									
714	166	JASIŃSKI SŁAWOMIR	TWARDOGÓRA		1982									
715	498	JASIŃSKI PIOTR	WROCLAW		1978									
716	139	JENIEC JOANNA	WROCLAW		1990									
717	39	JERCZYŃSKI JAKUB	KĘPNO		1982									
718	424	JURASZ ALEKSANDRA	KAMIENIEC ZĄBKOWICKI		1986									
719	436	KALEMBKIEWICZ PIOTR	WROCLAW	MIROTRANS	1978									
720	397	KARDAS MARCIN	WARSZAWA	POLARIS POLAND	1982									
721	591	KAROL MICHAŁ	WROCLAW		1996									
722	798	KAROLEWICZ JAROSŁAW	KŁODZKO		1961									
723	517	KEMPIŃSKA KAROLINA	WROCLAW	STANMA.PL	1986									
724	488	KISILEWICZ ANDRZEJ	WROCLAW		1978									
725	581	KLECZKOWSKA EWA	RADWANICE		1977									
726	122	KLIMECKI KRZYSZTOF	WAŁBRZYCH	NSK	1992									
727	277	KOŁODZIEJCZYK DAMIAN	WROCLAW	SANTA FE	1993									
728	184	KOŁODZIEJCZYK IWONA	WROCLAW		1977									
729	247	KOSECKI RAFAŁ	WROCLAW		1986									
730	356	KOSICKA DAGMARA	SWIDNICA		1982									
731	474	KOSOŃ EMIL	TRZEBNICA	ELMAR RUNNING TEAM	1993									
732	81	KOWALCZYK EWA	KIELCZÓW		1990									
733	83	KOWALCZYK RAFAŁ	KIELCZÓW		1987									
734	475	KOWALSKA JOANNA	TRZEBNICA	ELMAR RUNNING TEAM	1990									
735	476	KOWALSKI BARTOSZ	TRZEBNICA	ELMAR RUNNING TEAM	1991									
736	468	KOWALSKI MARIUSZ	TRZEBNICA	ELMAR RUNNING TEAM	1981									
737	153	KOWALSKI WACŁAW	WROCLAW	BERGSON TEAM RUN	1975									
738	72	KOZIOL BARBARA	WROCLAW		1999									
739	628	KRAŚNIEWSKI GRZEGORZ	WROCLAW	LITWIN TRIATHLON TEAM	1985									
740	63	KRZEMIEŃ PATRYCJA	WROCLAW		1977									
741	709	KUBERO HONORATA	LUBIN	PINK WOLVES	1975									
742	399	KUBIAK WOJCIECH	WARSZAWA	POLARIS POLAND	1985									
743	466	KUMASZKA GRZEGORZ	TRZEBNICA	ELMAR RUNNING TEAM	1994									
744	737	KURCZEWSKI ADAM	WROCLAW	SANTANDER CONSUMER BANK	1983									
745	233	KURZAWA EWELINA	DZIADOWA KŁODA		1992									
746	284	LEPKA PAULINA	WROCLAW		1983									
747	259	LISOWSKI ANDRZEJ	WROCLAW	ADRIAN DANILEWICZ GROUP	1959									
748	120	LITWINOWICZ SYLWIA	WAŁBRZYCH	NSK	1989									
749	101	MAC MARIA	WROCLAW	IDEA GETIN LEASING S.A.	1991									
750	41	MASTERNAK ALBERT	SZCZAWNO-ZDRÓJ		1965									
751	43	MASTERNAK RADOSŁAW	SZCZAWNO-ZDRÓJ		2003									
752	42	MASTERNAK RAFAŁ	SZCZAWNO-ZDRÓJ		2003									
753	469	MASZTALERZ DARIUSZ	TRZEBNICA	ELMAR RUNNING TEAM	1983									
754	598	MIGACZ RAFAŁ	STARY SĄCZ	SZYBKIE SZYNSZYLE	1992									
755	584	MIKULSKI RAFAŁ	KUNICE	SVART KRIGARE	1977									
756	683	MILLER TOMEK	LUBIN	KGHM ZG RUN	1976									