

II Bieg Trzech Króli II Bieg Trzech Króli 5km

Wyniki OPEN 5km Wapno 2018-01-06

| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 2,5km | Gmina Wapno | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|------------------------|-------------------|---------------------|--------|-----|---------|---------|---------------|-------------|----------------|--------------|---------------|
| 1. | 339 | Wesołowski Damian | Zawada | | 1989 | M16 | gen. | 1. | 0:08:33 (1.) | | 0:17:27 | 03:29 | 0:17:26 (1.) |
| 2. | 172 | Maćkowski Maciej | Żnin | Brico Marche Żnin | 1988 | M30 | gen. | 2. | 0:08:40 (2.) | | 0:17:48 | 03:33 | 0:17:48 (2.) |
| 3. | 128 | DREWS ADRIAN | POPOWO | Biegający Wagrowiec | 1992 | M16 | gen. | 3. | 0:09:16 (3.) | | 0:19:27 | 03:53 | 0:19:25 (3.) |
| 4. | 223 | Krajewska Hanna | Piła | PLKS GWDA PIŁA | 2002 | K16 | gen. | 1. | 0:09:46 (5.) | | 0:19:58 | 03:59 | 0:19:58 (4.) |
| 5. | 314 | Guliński Grzegorz | Toruń | | 1984 | M30 | 1. | 4. | 0:09:44 (4.) | | 0:20:03 | 04:00 | 0:20:01 (5.) |
| 6. | 98 | Grzechowiak Arkadiusz | Żnin | Pałuki Running Team | 1997 | M16 | 1. | 5. | 0:09:49 (6.) | | 0:20:27 | 04:05 | 0:20:26 (6.) |
| 7. | 316 | Gurajdowski Michał | Poznań | Drużyna Jezusa | 1981 | M30 | 2. | 6. | 0:09:57 (7.) | | 0:20:46 | 04:09 | 0:20:44 (7.) |
| 8. | 134 | Jabłoński Adrian | Nakło nad Notecią | | 1984 | M30 | 3. | 7. | 0:10:25 (10.) | | 0:20:50 | 04:10 | 0:20:49 (8.) |
| 9. | 133 | Leśniak Michał | Poznań | www.NRBOX.pl | 1984 | M30 | 4. | 8. | 0:10:17 (8.) | | 0:20:59 | 04:11 | 0:20:58 (9.) |
| 10. | 326 | Bazula Jakub | Trzemeszno | | 1980 | M30 | 5. | 9. | 0:10:38 (12.) | | 0:21:18 | 04:15 | 0:21:17 (10.) |
| 11. | 280 | Czechowicz Sebastian | Chodzież | | 1989 | M16 | 2. | 10. | 0:10:25 (9.) | | 0:21:38 | 04:19 | 0:21:38 (11.) |
| 12. | 201 | Jerzak Damian | Skoki | Hart Skoki | 1986 | M30 | 6. | 11. | 0:10:38 (11.) | | 0:21:48 | 04:21 | 0:21:47 (12.) |
| 13. | 242 | Sikora Sylwia | Gąbin | Gąbin Biega | 1987 | K30 | gen. | 2. | 0:10:59 (14.) | | 0:22:02 | 04:24 | 0:22:00 (13.) |
| 14. | 170 | Podlasiński Marcin | Golina | WYBITE JEDYNKI | 1996 | M16 | 3. | 12. | 0:10:56 (13.) | | 0:22:04 | 04:24 | 0:22:03 (14.) |
| 15. | 285 | Bartkowiak Tomasz | Wągrowiec | Biegający Wagrowiec | 1986 | M30 | 7. | 13. | 0:11:16 (15.) | | 0:22:19 | 04:27 | 0:22:15 (15.) |
| 16. | 331 | Michalski Szymon | Inowrocław | | 2001 | M16 | 4. | 14. | 0:11:38 (20.) | | 0:22:29 | 04:29 | 0:22:20 (16.) |
| 17. | 167 | Wzięch Piotr | Wągrowiec | | 1984 | M30 | 8. | 15. | 0:11:25 (18.) | | 0:22:31 | 04:30 | 0:22:29 (17.) |
| 18. | 153 | Szymanowicz Bartosz | Lubasz | | 1997 | M16 | 5. | 16. | 0:11:22 (17.) | | 0:23:22 | 04:40 | 0:23:19 (18.) |
| 19. | 125 | Przybylski Bartosz | Poznań | | 2005 | M12 | 1. | 17. | 0:12:06 (26.) | | 0:23:35 | 04:43 | 0:23:27 (19.) |
| 20. | 147 | Bilski Dariusz | Wapno | db club | 1987 | M30 | 9. | 18. | 0:11:17 (16.) | 1. | 0:23:38 | 04:43 | 0:23:35 (20.) |
| 21. | 288 | Pauszek-Substyk Lucyna | Wągrowiec | Biegający Wagrowiec | 1977 | K40 | gen. | 3. | 0:11:53 (22.) | | 0:23:45 | 04:45 | 0:23:42 (22.) |
| 22. | 186 | Przybylski Robert | Poznań | | 1978 | M40 | 1. | 19. | 0:12:08 (29.) | | 0:23:48 | 04:45 | 0:23:41 (21.) |
| 23. | 23 | Knast Maciej | Poznan | | 1971 | M40 | 2. | 20. | 0:11:40 (19.) | | 0:23:52 | 04:46 | 0:23:52 (23.) |

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|----------|----------|---------------------------|-------------------|---------------------|--------|-----|---------|---------|---------------|-------------|----------------|--------------|---------------|
| 24. | 230 | Ratajczak Krzysztof | Poznań | | 1981 | M30 | 10. | 21. | 0:11:53 (23.) | | 0:24:05 | 04:49 | 0:24:00 (24.) |
| 25. | 328 | Szczepankiewicz Krzysztof | Rakownia | | 1981 | M30 | 11. | 22. | 0:12:04 (25.) | | 0:24:15 | 04:51 | 0:24:11 (25.) |
| 26. | 132 | Jabłońska Anita | Nakło nad Notecią | | 1981 | K30 | 1. | 4. | 0:11:50 (21.) | | 0:24:16 | 04:51 | 0:24:15 (26.) |
| 27. | 287 | Kubiak Kaj | Trzcianka | Wolf Team | 1994 | M16 | 6. | 23. | 0:12:14 (28.) | | 0:24:41 | 04:56 | 0:24:40 (27.) |
| 28. | 318 | Gawrońska Weronika | Biała | Wolf Team | 2000 | K16 | 1. | 5. | 0:12:14 (27.) | | 0:24:47 | 04:57 | 0:24:46 (28.) |
| 29. | 100 | Grzechowiak Tomasz | Żnin | | 1970 | M40 | 3. | 24. | 0:11:58 (24.) | | 0:24:59 | 04:59 | 0:24:57 (29.) |
| 30. | 195 | Grzywaczyk Przemysław | Suchy Las | Parkrun Poznań | 1992 | M16 | 7. | 25. | 0:12:27 (30.) | | 0:25:23 | 05:04 | 0:25:20 (30.) |
| 31. | 8 | Grzywaczyk Artur | Suchy Las | Parkrun Poznań | 1964 | M50 | 1. | 26. | 0:12:46 (33.) | | 0:25:34 | 05:06 | 0:25:31 (31.) |
| 32. | 14 | Słapek Maria | Wapno | | 1978 | K40 | 1. | 6. | 0:12:37 (32.) | 1. | 0:25:57 | 05:11 | 0:25:55 (32.) |
| 33. | 137 | Gawrych Adam | Bydgoszcz | | 1990 | M16 | 8. | 27. | 0:12:44 (35.) | | 0:26:22 | 05:16 | 0:26:14 (33.) |
| 34. | 260 | Borowski Krzysztof | Wapno | | 1988 | M30 | 12. | 28. | 0:12:49 (34.) | 2. | 0:26:49 | 05:21 | 0:26:47 (34.) |
| 35. | 329 | Pydyn Andrzej | Złotów | | 1961 | M50 | 2. | 29. | 0:13:26 (39.) | | 0:26:56 | 05:23 | 0:26:54 (35.) |
| 36. | 180 | Siemion Dawid | Katowice | WYBITE JEDYNKI | 1986 | M30 | 13. | 30. | 0:12:33 (31.) | | 0:26:56 | 05:23 | 0:26:54 (36.) |
| 37. | 5 | Sajewska Beata | Wągrowiec | | 1976 | K40 | 2. | 7. | 0:13:09 (36.) | | 0:27:02 | 05:24 | 0:26:59 (37.) |
| 38. | 272 | Wagner Marcin | Wapno | | 1971 | M40 | 4. | 31. | 0:13:15 (37.) | 3. | 0:27:21 | 05:28 | 0:27:17 (38.) |
| 39. | 217 | Krzyśka Tomasz | Studzieniec | | 1981 | M30 | 14. | 32. | 0:13:15 (38.) | | 0:27:48 | 05:33 | 0:27:44 (39.) |
| 40. | 129 | Tucholska Helena | Żnin | | 1991 | K16 | 2. | 8. | 0:13:43 (41.) | | 0:27:59 | 05:35 | 0:27:53 (40.) |
| 41. | 130 | Tucholski Mikołaj | Żnin | Pałuki Running Team | 1991 | M16 | 9. | 33. | 0:13:43 (42.) | | 0:28:00 | 05:36 | 0:27:54 (41.) |
| 42. | 292 | Zmudziński Maciej | Wągrowiec | | 1983 | M30 | 15. | 34. | 0:15:20 (73.) | | 0:28:06 | 05:37 | 0:27:59 (42.) |
| 43. | 189 | Grabicka Małgorzata | Wągrowiec | | 1973 | K40 | 3. | 9. | 0:13:44 (40.) | | 0:28:19 | 05:39 | 0:28:15 (43.) |
| 44. | 110 | Szumann Ewa | Rekowo | WJS Rosomak | 1986 | K30 | 2. | 10. | 0:13:48 (44.) | | 0:28:33 | 05:42 | 0:28:29 (44.) |
| 45. | 26 | Ślęzak Wiesław | Wągrowiec | Biegający Wągrowiec | 1977 | M40 | 5. | 35. | 0:13:53 (45.) | | 0:29:04 | 05:48 | 0:29:00 (45.) |
| 46. | 236 | Łochińska Maria | Wapno | | 1995 | K16 | 3. | 11. | 0:13:48 (43.) | 2. | 0:29:07 | 05:49 | 0:29:04 (46.) |
| 47. | 169 | Nadolczak Basia | Poznań | MUAY Runnig Team | 1974 | K40 | 4. | 12. | 0:14:15 (47.) | | 0:29:15 | 05:51 | 0:29:13 (47.) |
| 48. | 3 | Kaczmarek Małgorzata | Luboń | Lucky LUZers | 1984 | K30 | 3. | 13. | 0:14:24 (49.) | | 0:29:27 | 05:53 | 0:29:25 (48.) |
| 49. | 207 | Podolska Magdalena | Poznań | PDO biega | 1991 | K16 | 4. | 14. | 0:14:05 (46.) | | 0:29:31 | 05:54 | 0:29:26 (49.) |



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|----------|----------|-----------------------|------------------|---|--------|-----|---------|---------|---------------|-------------|----------------|--------------|---------------|
| 50. | 162 | Nowak Irmína | Murowana Goślina | KB Katorżnik Murowana | 1989 | K16 | 5. | 15. | 0:14:52 (55.) | | 0:29:43 | 05:56 | 0:29:38 (50.) |
| 51. | 88 | Babst Mikołaj | Luboń | Luboński Klub Biegacza | 1973 | M40 | 6. | 36. | 0:14:44 (51.) | | 0:29:46 | 05:57 | 0:29:43 (51.) |
| 52. | 176 | Pawłowska Arleta | Wągrowiec | | 1972 | K40 | 5. | 16. | 0:14:57 (57.) | | 0:29:52 | 05:58 | 0:29:49 (52.) |
| 53. | 270 | Kaczmarek Elżbieta | Kcynia | | 1988 | K30 | 4. | 17. | 0:14:17 (48.) | | 0:29:55 | 05:59 | 0:29:52 (53.) |
| 54. | 208 | Biegała Agnieszka | Inowrocław | | 1982 | K30 | 5. | 18. | 0:15:03 (58.) | | 0:30:00 | 06:00 | 0:29:56 (54.) |
| 55. | 337 | Warguła Waldemar | Rakownia | | 1980 | M30 | 16. | 37. | 0:14:52 (52.) | | 0:30:13 | 06:02 | 0:30:12 (56.) |
| 56. | 63 | Stefaniak Karolina | Skoki | Skoki Team | 1977 | K40 | 6. | 19. | 0:14:54 (53.) | | 0:30:15 | 06:03 | 0:30:14 (57.) |
| 57. | 323 | Framska Monika | Dębogóra | | 1983 | K30 | 6. | 20. | 0:14:55 (56.) | | 0:30:16 | 06:03 | 0:30:11 (55.) |
| 58. | 257 | Kozłowska Dominika | Wapno | | 1989 | K16 | 6. | 21. | 0:14:53 (54.) | 3. | 0:30:18 | 06:03 | 0:30:16 (58.) |
| 59. | 166 | Bukowska Agnieszka | Wągrowiec | Biegający Wągrowiec | 1986 | K30 | 7. | 22. | 0:14:37 (50.) | | 0:30:19 | 06:03 | 0:30:16 (59.) |
| 61. | 302 | Bednarska Renata | Wągrowiec | WATAHA | 1976 | K40 | 7. | 24. | 0:15:08 (60.) | | 0:30:22 | 06:04 | 0:30:18 (61.) |
| 60. | 282 | Siedlecka Weronika | Margonin | WATAHA | 1984 | K30 | 8. | 23. | 0:15:08 (59.) | | 0:30:22 | 06:04 | 0:30:18 (60.) |
| 62. | 293 | Zmudzińska Magda | Wągrowiec | | 1983 | K30 | 9. | 25. | 0:15:22 (74.) | | 0:30:38 | 06:07 | 0:30:32 (62.) |
| 64. | 313 | Kuich Anna | Złotów | Lill-Sport | 1972 | K40 | 8. | 26. | 0:15:17 (62.) | | 0:30:46 | 06:09 | 0:30:43 (63.) |
| 63. | 307 | Wrona Ryszard | Złotów | Lill-Sport | 1962 | M50 | 3. | 38. | 0:15:19 (65.) | | 0:30:46 | 06:09 | 0:30:43 (64.) |
| 65. | 309 | Dubisz Joanna | Złotów | Lill-Sport | 1976 | K40 | 9. | 27. | 0:15:20 (64.) | | 0:30:47 | 06:09 | 0:30:45 (65.) |
| 67. | 249 | Stawska Karolina | Pakość | | 1996 | K16 | 7. | 28. | 0:15:42 (76.) | | 0:30:59 | 06:11 | 0:30:55 (67.) |
| 66. | 248 | Ciażyński Przemysław | Mogilno | | 1995 | M16 | 10. | 39. | 0:15:41 (75.) | | 0:30:59 | 06:11 | 0:30:53 (66.) |
| 68. | 203 | Szymańska Justyna | Gniezno | | 1982 | K30 | 10. | 29. | 0:15:22 (68.) | | 0:30:59 | 06:11 | 0:30:56 (68.) |
| 69. | 32 | Wiertel Sylwia | Wapno | | 1982 | K30 | 11. | 30. | 0:15:14 (61.) | 4. | 0:31:02 | 06:12 | 0:30:58 (69.) |
| 70. | 274 | Turkowska Iwona | Wągrowiec | Szalone One | 1963 | K50 | 1. | 31. | 0:15:24 (69.) | | 0:31:07 | 06:13 | 0:31:05 (70.) |
| 71. | 56 | Haja Ewa | Damasławek | http://szachyibiegi.blogspot.c | 1974 | K40 | 10. | 32. | 0:15:18 (67.) | | 0:31:11 | 06:14 | 0:31:06 (71.) |
| 72. | 250 | Plaźalska Beata | Skoki | | 1980 | K30 | 12. | 33. | 0:15:25 (71.) | | 0:31:15 | 06:15 | 0:31:14 (72.) |
| 73. | 228 | Kaczmarek Eryk | Poznań | | 2005 | M12 | 2. | 40. | 0:15:21 (72.) | | 0:31:26 | 06:17 | 0:31:20 (73.) |
| 74. | 99 | Grzechowiak Agnieszka | Żnin | | 1973 | K40 | 11. | 34. | 0:15:21 (66.) | | 0:31:49 | 06:21 | 0:31:48 (74.) |
| 75. | 308 | Łabędź Katarzyna | Złotów | Lill-Sport | 1967 | K50 | 2. | 35. | 0:15:19 (63.) | | 0:32:13 | 06:26 | 0:32:10 (75.) |



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|----------|----------|---------------------|------------------|-------------|--------|-----|---------|---------|---------------|-------------|----------------|--------------|---------------|
| 76. | 145 | Krupa Weronika | Chodzież | PCH_RUN | 2001 | K16 | 8. | 36. | 0:15:24 (70.) | | 0:32:14 | 06:26 | 0:32:12 (78.) |
| 78. | 163 | Pikuła Marcin | Skoki | | 1988 | M30 | 17. | 41. | 0:15:45 (78.) | | 0:32:16 | 06:27 | 0:32:11 (76.) |
| 77. | 161 | Sonnenberg Natalia | Murowana Goślina | | 1987 | K30 | 13. | 37. | 0:15:46 (77.) | | 0:32:16 | 06:27 | 0:32:11 (77.) |
| 79. | 140 | Marcinkowska Anna | Grębocin | VIVA-Toruń | 1970 | K40 | 12. | 38. | 0:16:17 (79.) | | 0:33:09 | 06:37 | 0:33:07 (79.) |
| 80. | 155 | Mazur Ilona | Skoki | | 1992 | K16 | 9. | 39. | 0:16:36 (82.) | | 0:33:19 | 06:39 | 0:33:16 (80.) |
| 81. | 91 | Sikorska Ksenia | Poronin | | 1992 | K16 | 10. | 40. | 0:16:44 (83.) | | 0:34:40 | 06:56 | 0:34:38 (81.) |
| 82. | 197 | Kaczmarek Oliwia | Poznań | | 2002 | K16 | 11. | 41. | 0:16:19 (80.) | | 0:35:00 | 07:00 | 0:34:55 (82.) |
| 83. | 94 | Przybysz Ewelina | Chodzież | PCH_RUN | 1991 | K16 | 12. | 42. | 0:16:53 (84.) | | 0:35:08 | 07:01 | 0:35:06 (83.) |
| 84. | 196 | Kaczmarek Marika | Poznań | | 1997 | K16 | 13. | 43. | 0:16:21 (81.) | | 0:35:13 | 07:02 | 0:35:09 (84.) |
| 85. | 256 | Wysocki Marcin | Wapno | | 1987 | M30 | 18. | 42. | 0:17:11 (85.) | 4. | 0:35:52 | 07:10 | 0:35:49 (85.) |
| 86. | 80 | Jasińska Monika | Wągrowiec | Fani Gimela | 1984 | K30 | 14. | 44. | 0:18:36 (88.) | | 0:37:48 | 07:33 | 0:37:41 (86.) |
| 87. | 40 | Baczyńska Dorota | Wapno | WJS Rosomak | 1968 | K50 | 3. | 45. | 0:18:36 (87.) | 5. | 0:37:48 | 07:33 | 0:37:42 (87.) |
| 88. | 11 | Andrzejczak Natalia | Kcynia | | 1992 | K16 | 14. | 46. | 0:18:31 (86.) | | 0:39:33 | 07:54 | 0:39:31 (88.) |

Liczba zawodników: 88

