

## IV Siedlecki Triathlon

**WYNIKI ZAWODÓW / RESULTS LIST**

printed: 18.08.2013 16:37:41

<b>Miejsce:</b>	Siedlce	<b>Dystans:</b>	0,4 - 10 - 3
<b>Data:</b>	18 sierpnia 2013 r.	<b>Start:</b>	15:01:43
<b>Organizator:</b> Urząd Miasta Siedlce, Stowarzyszenie Leniwiec.pl			

**OPEN**

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
1	3	MICHALSKI MACIEJ		BANASZEK DUDA JAMIS TEAM	79	JM / 1	00:07:06 / 17	00:01:04 / 8	00:25:14 / 1	00:00:44 / 1	00:12:24 / 5	<b>00:46:32</b>	
2	7	JANIAK PAWEŁ		ORGANIZATOR TEAM LENIWCE.PL	80	WAS/ 1 JM / 2	00:06:29 / 5	00:00:55 / 3	00:28:17 / 3	00:00:42 / 3	00:11:32 / 3	<b>00:47:55</b>	00:01:22
3	9	MAŁEK PIOTR			76	JM / 3	00:06:08 / 3	00:01:00 / 2	00:27:20 / 2	00:00:45 / 2	00:12:45 / 12	<b>00:47:58</b>	00:01:25
4	1	ŁACHUT WOJCIECH		BIKE ACADEMY TEAM	78	WAS/ 2 JM / 4	00:05:44 / 1	00:01:24 / 1	00:28:55 / 4	00:00:48 / 4	00:13:07 / 19	<b>00:49:58</b>	00:03:25
5	15	PRUCHNIEWSKI SŁAWOMIR		WTT WARSZAWA	79	WAS/ 3 JM / 5	00:07:27 / 22	00:01:16 / 15	00:30:31 / 8	00:00:31 / 6	00:13:05 / 17	<b>00:52:50</b>	00:06:17
6	8	ZAPAŁOWSKI PAWEŁ		WTT / LENIWCE.PL	83	JM / 6	00:06:49 / 9	00:01:28 / 10	00:30:16 / 7	00:00:44 / 5	00:13:56 / 35	<b>00:53:13</b>	00:06:40
7	43	BIELARSKI KAROL		CAPGEMINI/TRICLUB	85	JM / 7	00:08:31 / 48	00:01:36 / 46	00:29:57 / 6	00:01:07 / 8	00:12:21 / 4	<b>00:53:32</b>	00:06:59
8	10	WIERZBICKI GRZEGORZ		LENIWCE.PL	74	WAS/ 4 JM / 8	00:08:11 / 41	00:02:08 / 49	00:29:55 / 5	00:00:59 / 9	00:12:28 / 6	<b>00:53:41</b>	00:07:08
9	174	KULIGOWSKI ADAM		TEMPO MŁAWA	92	JM / 9	00:06:50 / 11	00:01:17 / 6	00:32:05 / 13	00:00:51 / 7	00:13:40 / 28	<b>00:54:43</b>	00:08:10
10	151	MITROFANIUK MAREK		YULO RUN TEAM SIEDLCE	83	JM / 10	00:10:19 / 97	00:01:14 / 78	00:31:03 / 9	00:01:01 / 16	00:11:26 / 2	<b>00:55:03</b>	00:08:30
11	30	URBAN ARTUR		YULO RUN TEAM SIEDLCE	83	JM / 11	00:11:30 / 124	00:01:24 / 112	00:31:45 / 10	00:00:30 / 25	00:10:44 / 1	<b>00:55:53</b>	00:09:20
12	20	MARCINZYK FILIP			82	JM / 12	00:06:47 / 8	00:01:53 / 14	00:33:40 / 21	00:00:44 / 11	00:12:59 / 15	<b>00:56:03</b>	00:09:30
13	134	SWEKLEJ ADAM			74	JM / 13	00:08:06 / 40	00:01:44 / 40	00:32:39 / 16	00:00:59 / 15	00:12:43 / 11	<b>00:56:11</b>	00:09:39
14	41	DRABOT ANDRZEJ			72	M40+/1 JM / 14	00:09:36 / 75	00:01:02 / 57	00:32:07 / 14	00:01:10 / 18	00:12:41 / 9	<b>00:56:36</b>	00:10:03
15	162	KWACZYNSKI TOMASZ		DRUŻYNA KANIBALA WEGETARIANINA	83	JM / 15	00:08:16 / 44	00:01:57 / 48	00:32:33 / 15	00:00:41 / 14	00:13:43 / 30	<b>00:57:10</b>	00:10:37
16	68	DANEK BARTŁOMIEJ		WTT / TRINERGY	73	M40+/2 JM / 16	00:06:39 / 7	00:01:33 / 9	00:35:41 / 42	00:00:39 / 21	00:12:51 / 13	<b>00:57:23</b>	00:10:51
17	104	SKOCZ TOMASZ			86	JM / 17	00:08:29 / 47	00:01:19 / 38	00:32:43 / 17	00:00:43 / 12	00:14:22 / 45	<b>00:57:36</b>	00:11:04
18	102	PERCIŃSKI ŁUKASZ			96	JM / 18	00:06:51 / 12	00:01:47 / 13	00:34:45 / 31	00:00:43 / 20	00:13:31 / 26	<b>00:57:37</b>	00:11:04
19	201	ZIĘBA MARCIN			78	JM / 19	00:08:40 / 54	00:01:56 / 55	00:31:48 / 11	00:00:54 / 13	00:14:20 / 43	<b>00:57:38</b>	00:11:05
20	177	ŚLEPOWROŃSKI BOGDAN		1 2 TRI	80	JM / 20	00:08:02 / 36	00:01:20 / 25	00:34:48 / 33	00:00:42 / 23	00:12:51 / 14	<b>00:57:43</b>	00:11:10
21	188	ZWOLAK KRZYSZTOF		WWW.KOMPANIAWRAZEN.PL	74	NPS/ 1 JM / 21	00:08:55 / 61	00:01:13 / 47	00:32:56 / 18	00:00:43 / 17	00:14:31 / 53	<b>00:58:18</b>	00:11:45
22	86	MATWIEJCZUK JAKUB			94	JM / 22	00:07:04 / 16	00:01:44 / 17	00:36:27 / 51	00:00:39 / 33	00:12:35 / 7	<b>00:58:29</b>	00:11:56
23	60	TORZEWSKI MARCIN		4SCRUBEEK	84	JM / 23	00:09:18 / 69	00:01:42 / 66	00:33:26 / 20	00:01:08 / 29	00:13:06 / 18	<b>00:58:40</b>	00:12:07
24	213	KRAWCZAK BARTOSZ		BANASZEK DUDA JAMIS TEAM	86	JM / 24	00:06:07 / 2	00:01:30 / 4	00:34:17 / 27	00:00:57 / 10	00:16:15 / 87	<b>00:59:06</b>	00:12:33
25	61	GROMEK PRZEMEK			89	JM / 25	00:09:38 / 77	00:01:13 / 61	00:34:03 / 24	00:00:39 / 28	00:13:51 / 34	<b>00:59:24</b>	00:12:51
26	117	POKORSKI TOMASZ			82	JM / 26	00:09:39 / 78	00:01:19 / 64	00:33:22 / 19	00:00:56 / 26	00:14:17 / 42	<b>00:59:33</b>	00:13:01

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
27	21	BEBELSKI RAFAŁ		KUŹNIA TRIATHLONU	77		M / 27 00:06:30 / 6	00:01:40 / 7	00:37:23 / 67	00:00:56 / 39	00:13:09 / 21	<b>00:59:38</b>	00:13:05
28	137	SAWICKI MARCIN		NORDIX EKOBIEGI	78		M / 28 00:07:11 / 18	00:01:56 / 22	00:34:45 / 32	00:00:59 / 22	00:15:03 / 62	<b>00:59:54</b>	00:13:21
29	122	HORODNICZY MARIUSZ			83		M / 29 00:07:46 / 30	00:01:10 / 18	00:35:50 / 43	00:00:54 / 31	00:14:23 / 46	<b>01:00:03</b>	00:13:30
30	48	PROKURAT KAMIL			89		M / 30 00:09:54 / 83	00:01:49 / 81	00:34:14 / 26	00:00:51 / 44	00:13:18 / 22	<b>01:00:06</b>	00:13:33
31	133	RACZKOWSKI PAWEŁ			77		M / 31 00:08:21 / 45	00:01:45 / 45	00:35:01 / 35	00:00:43 / 32	00:14:24 / 49	<b>01:00:14</b>	00:13:41
32	32	OLSZEWSKI KRZYSZTOF		AZS SGGW WARSZAWA	89		M / 32 00:06:23 / 4	00:01:30 / 5	00:35:14 / 37	00:00:50 / 19	00:16:18 / 93	<b>01:00:15</b>	00:13:42
33	121	HONORY MACIEJ		CAPGEMINI	79		M / 33 00:08:57 / 64	00:02:08 / 68	00:33:41 / 22	00:00:51 / 30	00:14:41 / 57	<b>01:00:18</b>	00:13:45
34	81	DĄBROWSKI ROBERT			71	M40+/3	M / 34 00:09:07 / 67	00:01:49 / 62	00:36:01 / 47	00:00:44 / 53	00:12:39 / 8	<b>01:00:20</b>	00:13:47
35	83	LEŻANKA KRZYSZTOF		PĘDZIWIATR - PODLASKIE CENTRUM BIEGOWE	81		M / 35 00:08:51 / 59	00:02:15 / 69	00:35:19 / 39	00:00:42 / 45	00:13:27 / 25	<b>01:00:34</b>	00:14:01
36	207	SITKO MARIUSZ			81		M / 36 00:07:32 / 26	00:02:09 / 34	00:34:53 / 34	00:00:48 / 27	00:15:36 / 75	<b>01:00:58</b>	00:14:26
37	66	SIWCZUK ALEKSANDRA			81		K / 1 00:07:00 / 14	00:01:26 / 11	00:36:34 / 53	00:00:57 / 34	00:15:07 / 64	<b>01:01:04</b>	00:14:31
38	179	KOZŁOWSKI PIOTR			80		M / 37 00:08:03 / 37	00:01:32 / 30	00:34:30 / 29	00:01:01 / 24	00:16:03 / 86	<b>01:01:09</b>	00:14:36
39	155	MZYK ELŻBIETA		ŚWIAT ROWERÓW RALEIGH TEAM	75		K / 2 00:07:53 / 32	00:01:06 / 19	00:36:00 / 45	00:01:14 / 38	00:14:58 / 60	<b>01:01:11</b>	00:14:39
40	175	MLONEK PAWEŁ			75		M / 38 00:08:37 / 50	00:02:11 / 60	00:34:40 / 30	00:01:11 / 41	00:14:40 / 56	<b>01:01:19</b>	00:14:46
41	52	SZMITKOWSKI SEBASTIAN		MESSERSCHMITEK	85		M / 39 00:11:06 / 116	00:01:40 / 106	00:33:50 / 23	00:00:38 / 47	00:14:17 / 41	<b>01:01:31</b>	00:14:58
42	98	PASIERBIŃSKI PIOTR			68	M40+/4	M / 40 00:08:01 / 35	00:01:27 / 27	00:35:06 / 36	00:01:33 / 36	00:15:26 / 70	<b>01:01:33</b>	00:15:00
43	226	GRAD RAFAŁ			88		M / 41 00:08:29 / 46	00:01:35 / 43	00:35:17 / 38	00:00:52 / 37	00:15:34 / 73	<b>01:01:47</b>	00:15:14
44	191	KOŹLUK ARTUR			78		M / 42 00:10:08 / 90	00:01:16 / 75	00:35:35 / 40	00:00:39 / 52	00:14:11 / 39	<b>01:01:49</b>	00:15:16
45	79	MAZURKIEWICZ AGNIESZKA		WMT	82		K / 3 00:07:01 / 15	00:02:06 / 23	00:37:17 / 64	00:00:43 / 46	00:14:44 / 58	<b>01:01:51</b>	00:15:18
46	138	SIECZYCH KRZESIMIR		LEGIA WARSZAWA	86		M / 43 00:07:19 / 19	00:01:41 / 20	00:36:11 / 48	00:00:47 / 35	00:16:01 / 84	<b>01:01:59</b>	00:15:26
47	47	KĘPKIEWICZ PIOTR			74		M / 44 00:08:49 / 58	00:01:16 / 44	00:35:55 / 44	00:00:44 / 43	00:15:22 / 69	<b>01:02:06</b>	00:15:33
48	202	MIKULSKI HUBERT		BLUE DOG	81		M / 45 00:09:40 / 79	00:01:40 / 72	00:34:04 / 25	00:01:19 / 42	00:15:29 / 71	<b>01:02:12</b>	00:15:39
49	97	JACZEWSKI WOJCIECH		ŚCIEŻKA BIEGOWA POLE MOKOTOWSKIE	80		M / 46 00:08:45 / 56	00:03:04 / 82	00:36:47 / 57	00:00:57 / 62	00:12:42 / 10	<b>01:02:15</b>	00:15:42
50	33	OLSZEWSKI JAROSŁAW			91		M / 47 00:08:04 / 39	00:01:26 / 28	00:37:42 / 73	00:00:41 / 54	00:14:22 / 47	<b>01:02:15</b>	00:15:42
51	208	TYC ZBIGNIEW			65	M40+/5	M / 48 00:09:30 / 72	00:02:07 / 80	00:34:24 / 28	00:01:17 / 48	00:15:04 / 63	<b>01:02:22</b>	00:15:50
52	65	JANIAK ŁUKASZ		1 2 TRI	84		M / 49 00:14:37 / 143	00:01:32 / 141	00:31:51 / 12	00:00:54 / 59	00:13:34 / 27	<b>01:02:28</b>	00:15:56
53	160	SOBIELGA AGATA		DRUŻYNA KANIBALA WEGETARIANINA	85		K / 4 00:08:57 / 63	00:01:26 / 51	00:37:11 / 63	00:00:45 / 56	00:14:26 / 50	<b>01:02:45</b>	00:16:12
54	159	BORKOWSKI MACIEJ			88		M / 50 00:06:59 / 13	00:01:49 / 16	00:38:06 / 82	00:00:39 / 51	00:15:15 / 66	<b>01:02:48</b>	00:16:15
55	171	HEJNIAK MICHAŁ			89		M / 51 00:07:49 / 31	00:01:56 / 37	00:35:42 / 41	00:01:06 / 40	00:16:16 / 91	<b>01:02:49</b>	00:16:16
56	172	PALKA JOANNA		BOOT CAMP	88		K / 5 00:08:55 / 60	00:02:02 / 63	00:38:27 / 86	00:00:53 / 69	00:13:20 / 23	<b>01:03:37</b>	00:17:04
57	85	DZIUBATY ŁUKASZ			76		M / 52 00:07:44 / 29	00:01:36 / 24	00:36:37 / 54	00:01:31 / 49	00:16:19 / 94	<b>01:03:47</b>	00:17:15
58	50	BRACH ALA			84		K / 6 00:08:49 / 57	00:01:42 / 53	00:36:00 / 46	00:00:59 / 50	00:16:41 / 100	<b>01:04:11</b>	00:17:38
59	54	ROSZKIEWICZ HUBERT		RH FITNESS	79		M / 53 00:09:32 / 73	00:01:15 / 59	00:36:43 / 55	00:01:12 / 58	00:15:33 / 72	<b>01:04:15</b>	00:17:42

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
60	56	WAŚNIK MICHAŁ		ULUBIONA_SHOT_2_PLN	87		M / 54 00:10:26 / 102	00:02:15 / 101	00:36:52 / 58	00:00:48 / 72	00:14:01 / 37	<b>01:04:22</b>	00:17:49
61	225	ŁAWECKI SZYMON		MKS POGOŃ SIEDLCE	78		M / 55 00:11:15 / 120	00:01:57 / 118	00:36:23 / 50	00:01:05 / 76	00:13:46 / 32	<b>01:04:26</b>	00:17:53
62	125	PICZKOWSKI MARCIN			82		M / 56 00:09:40 / 80	00:02:11 / 84	00:37:23 / 65	00:00:53 / 64	00:14:31 / 52	<b>01:04:38</b>	00:18:05
63	91	PACZESNY JANUSZ			84		M / 57 00:10:53 / 112	00:01:59 / 108	00:37:28 / 69	00:00:43 / 78	00:13:42 / 29	<b>01:04:45</b>	00:18:12
64	31	GÓRSKI MARCIN		SZALEJĄCE ZAJĄCE	80		M / 58 00:07:58 / 34	00:02:21 / 50	00:39:29 / 96	00:00:52 / 75	00:14:20 / 44	<b>01:05:00</b>	00:18:27
65	178	KĘPKA MICHAŁ			86		M / 59 00:10:32 / 104	00:01:53 / 93	00:36:59 / 61	00:00:54 / 70	00:14:57 / 59	<b>01:05:15</b>	00:18:42
66	220	RUTKOWSKA ANNA		DRUŻYNA KANIBALA WEGETARIANINA	84		K / 7 00:07:33 / 27	00:02:10 / 36	00:37:43 / 75	00:00:49 / 55	00:17:01 / 104	<b>01:05:16</b>	00:18:43
67	57	JUDKA WŁADYSŁAW		MKB DREPTAK	59	M40+/6	M / 60 00:11:17 / 121	00:01:53 / 117	00:37:42 / 74	00:00:45 / 87	00:13:44 / 31	<b>01:05:21</b>	00:18:48
68	76	WYPYCH RADOSŁAW		ART PROFI TEAM	69	M40+/7	M / 61 00:10:45 / 108	00:01:57 / 102	00:38:54 / 91	00:00:43 / 92	00:13:08 / 20	<b>01:05:27</b>	00:18:54
69	198	SKIBIŃSKI MAREK		LASEK BIELAŃSKI TEAM	90		M / 62 00:08:41 / 55	00:02:36 / 71	00:37:54 / 79	00:02:06 / 82	00:14:13 / 40	<b>01:05:30</b>	00:18:57
70	28	PARSONS ALAN		WITC	81		M / 63 00:11:51 / 133	00:01:56 / 129	00:38:04 / 81	00:00:43 / 96	00:13:00 / 16	<b>01:05:34</b>	00:19:01
71	148	KALACIŃSKI RYSZARD			69	M40+/8	M / 64 00:09:35 / 74	00:02:00 / 79	00:37:42 / 71	00:00:59 / 68	00:15:20 / 68	<b>01:05:36</b>	00:19:03
72	94	SAKURA TRISTAN			78		M / 65 00:10:03 / 86	00:01:21 / 73	00:40:04 / 102	00:00:50 / 91	00:13:24 / 24	<b>01:05:42</b>	00:19:09
73	64	GRABOWSKI ROBERT			93		M / 66 00:08:04 / 38	00:01:47 / 41	00:38:43 / 88	00:00:46 / 60	00:16:27 / 96	<b>01:05:47</b>	00:19:15
74	184	KUŹMA KAROL		YULO RUN TEAM SIEDLCE	75		M / 67 00:08:56 / 62	00:01:38 / 54	00:40:00 / 101	00:00:54 / 84	00:14:24 / 48	<b>01:05:52</b>	00:19:19
75	82	HORODEŃSKI MICHAŁ		NORDIX EKOBIEGI	74		M / 68 00:10:42 / 106	00:02:12 / 113	00:36:28 / 52	00:00:53 / 67	00:15:47 / 78	<b>01:06:02</b>	00:19:29
76	96	PRZYBYLSKI TOMASZ		KLUB WYSOKOGÓRSKI WARSZAWA	55	M40+/9	M / 69 00:10:05 / 87	00:02:36 / 100	00:37:51 / 78	00:01:00 / 86	00:14:33 / 54	<b>01:06:05</b>	00:19:32
77	209	SÓLDAN MACIEJ			72		M / 70 00:08:34 / 49	00:01:50 / 52	00:37:11 / 62	00:01:01 / 57	00:17:31 / 114	<b>01:06:07</b>	00:19:34
						M40+/10							
78	113	STAGITIS MARTINS		WITC	79		M / 71 00:11:06 / 117	00:01:58 / 115	00:36:21 / 49	00:00:43 / 65	00:15:59 / 83	<b>01:06:07</b>	00:19:34
79	166	KOSNO PIOTR			72		M / 72 00:09:13 / 68	00:01:59 / 70	00:38:21 / 83	00:00:46 / 71	00:16:03 / 85	<b>01:06:22</b>	00:19:49
						M40+/11							
80	193	MIKULSKI ARTUR		BLUE DOG	70		M / 73 00:12:25 / 139	00:01:47 / 134	00:37:33 / 70	00:00:46 / 95	00:13:56 / 36	<b>01:06:27</b>	00:19:54
						M40+/12							
81	111	MAJ GRZEGORZ		ŚCIEŻKA BIEGOWA POLE MOKOTOWSKIE	86		M / 74 00:08:13 / 43	00:01:36 / 39	00:41:12 / 110	00:00:55 / 89	00:14:35 / 55	<b>01:06:31</b>	00:19:58
82	105	MANDZIUK MAREK		KLUB BIEGACZA BIALA BIEGA	71		M / 75 00:10:15 / 94	00:01:45 / 89	00:37:59 / 80	00:00:48 / 77	00:15:51 / 80	<b>01:06:38</b>	00:20:05
						M40+/13							
83	143	GAŁAŚ JOANNA			90		K / 8 00:07:31 / 25	00:02:09 / 33	00:38:54 / 92	00:00:57 / 61	00:17:09 / 109	<b>01:06:40</b>	00:20:07
84	190	NIEDZIÓŁKA MAŁGORZATA			68	K40+/1	K / 9 00:09:38 / 76	00:02:20 / 87	00:38:53 / 90	00:00:47 / 88	00:15:09 / 65	<b>01:06:47</b>	00:20:14
85	150	MARCIAK MACIEJ		ULUBIONA_SHOT_2_PLN	86		M / 76 00:10:25 / 100	00:02:49 / 119	00:37:22 / 66	00:00:48 / 83	00:15:39 / 76	<b>01:07:03</b>	00:20:31
86	210	KOSELNIK ADAM			82		M / 77 00:10:47 / 110	00:01:52 / 98	00:37:45 / 76	00:00:47 / 81	00:15:53 / 81	<b>01:07:04</b>	00:20:31
87	141	KOSTUSIK SEBASTIAN			90		M / 78 00:08:40 / 53	00:02:20 / 65	00:38:22 / 84	00:00:48 / 66	00:17:05 / 108	<b>01:07:15</b>	00:20:42
88	70	GRABIŃSKI MIROSLAW			89		M / 79 00:08:37 / 51	00:02:09 / 58	00:38:23 / 85	00:00:57 / 63	00:17:12 / 112	<b>01:07:18</b>	00:20:45
89	165	TOBIS PAWEŁ		TRINERGY/WTT	73		M / 80 00:07:24 / 20	00:02:19 / 35	00:39:51 / 99	00:01:01 / 73	00:16:43 / 101	<b>01:07:18</b>	00:20:45
						M40+/14							

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
90	95	MICHAŁOWSKI MACIEJ			83		M / 81 00:10:59 / 115	00:02:36 / 125	00:36:44 / 56	00:00:47 / 79	00:16:27 / 97	01:07:33	00:21:01
91	103	ROSZKIEWICZ ROBERT		RH FITNESS	79		M / 82 00:10:07 / 89	00:01:49 / 86	00:39:10 / 93	00:01:01 / 90	00:15:42 / 77	01:07:49	00:21:16
92	49	STĘPIEŃ LESZEK		BÓBR TŁUSZCZ	78		M / 83 00:12:16 / 135	00:02:57 / 139	00:37:42 / 72	00:01:02 / 102	00:14:09 / 38	01:08:06	00:21:33
93	142	WYTYKOWSKA JOANNA		RYSIE	80		K / 10 00:09:06 / 66	00:02:52 / 88	00:38:37 / 87	00:00:54 / 85	00:16:37 / 99	01:08:06	00:21:33
94	36	GOŁAWSKI BARTOSZ		LENIWCE.PL	90	WAS/ 5	M / 84 00:07:27 / 23	00:02:09 / 31	00:41:44 / 118	00:01:32 / 99	00:15:59 / 82	01:08:51	00:22:18
95	132	PERCIŃSKI MATEUSZ			94		M / 85 00:07:26 / 21	00:01:57 / 26	00:40:27 / 106	00:00:48 / 74	00:18:28 / 125	01:09:06	00:22:33
96	114	SZCZEPANIK MARIUSZ		ŚCIEŻKA BIEGOWA POLE MOKOTOWSKIE	75		M / 86 00:13:37 / 142	00:03:21 / 144	00:36:55 / 60	00:01:27 / 113	00:13:49 / 33	01:09:09	00:22:36
97	176	SZADURA MAŁGORZATA		WIELISZEW HERON TEAM KALORIK	65	K40+2	K / 11 00:11:32 / 126	00:01:54 / 121	00:37:46 / 77	00:01:12 / 93	00:17:01 / 105	01:09:25	00:22:52
98	196	KORWIN-MIKKE KACPER		BLUE DOG	74		M / 87 00:07:30 / 24	00:02:27 / 42	00:39:47 / 98	00:01:25 / 80	00:18:23 / 124	01:09:32	00:22:59
99	163	KOSIŃSKI DANIEL		DRUŻYNA KANIBALA WEGETARIANINA	83		M / 88 00:11:19 / 122	00:01:27 / 105	00:39:40 / 97	00:00:47 / 100	00:17:11 / 110	01:10:24	00:23:51
100	51	GIL TOMASZ		MC TEAM	84		M / 89 00:15:06 / 146	00:01:53 / 145	00:36:53 / 59	00:00:46 / 110	00:15:50 / 79	01:10:28	00:23:55
101	119	WAKUŁA MAREK			74		M / 90 00:10:12 / 93	00:02:18 / 95	00:38:52 / 89	00:01:05 / 94	00:18:03 / 122	01:10:30	00:23:57
102	90	LEŻANKA WIOLETTA		PĘDZIWIATR - PODLASKIE CENTRUM BIEGOWE	81		K / 12 00:11:22 / 123	00:01:24 / 104	00:40:36 / 108	00:00:57 / 104	00:16:17 / 92	01:10:36	00:24:04
103	170	GŁOWACKI WOJCIECH			75		M / 91 00:11:13 / 119	00:02:26 / 126	00:39:11 / 94	00:00:53 / 101	00:17:01 / 106	01:10:44	00:24:11
104	108	ZALEWSKI PIOTR		ALETEMPO	69		M / 92 00:10:00 / 85	00:02:08 / 90	00:41:25 / 113	00:00:56 / 107	00:16:45 / 102	01:11:14	00:24:42
					M40+15								
105	206	MICHALSKA KATARZYNA		BANASZEK DUDA JAMIS TEAM	79		K / 13 00:10:58 / 114	00:01:39 / 97	00:41:28 / 115	00:01:01 / 112	00:16:15 / 89	01:11:21	00:24:48
106	124	NAUMIAK BARTŁOMIEJ			94		M / 93 00:09:53 / 82	00:01:33 / 76	00:40:24 / 105	00:00:57 / 98	00:18:36 / 126	01:11:23	00:24:50
107	106	MALIŃSKI PAWEŁ		UTEP ALUMNI	78		M / 94 00:11:40 / 131	00:01:53 / 123	00:39:52 / 100	00:00:57 / 106	00:17:11 / 111	01:11:33	00:25:01
108	180	MUSZYŃSKI MARCELI		-	94		M / 95 00:15:02 / 145	00:01:45 / 143	00:37:26 / 68	00:01:12 / 116	00:16:16 / 90	01:11:41	00:25:09
109	140	ŚLUSARCZYK PIOTR			74		M / 96 00:11:36 / 128	00:02:23 / 131	00:41:31 / 116	00:01:14 / 124	00:15:19 / 67	01:12:03	00:25:31
110	74	MODRZEJEWSKI DOMINIK			83		M / 97 00:09:27 / 71	00:01:57 / 74	00:41:54 / 121	00:01:02 / 105	00:17:49 / 120	01:12:09	00:25:36
111	115	FARSTAD VEGARD		WITC	73		M / 98 00:07:36 / 28	00:01:59 / 29	00:39:26 / 95	00:03:36 / 97	00:19:40 / 132	01:12:17	00:25:45
					M40+16								
112	212	KARAMUZ ŁUKASZ			85		M / 99 00:10:44 / 107	00:02:49 / 124	00:40:12 / 103	00:00:51 / 109	00:17:49 / 119	01:12:25	00:25:52
113	168	MUNIOWSKI MARCIN			76		M / 100 00:11:39 / 130	00:01:36 / 120	00:40:54 / 109	00:01:22 / 119	00:17:02 / 107	01:12:33	00:26:00
114	75	DUCHNOWSKI DARIUSZ			71		M / 101 00:09:04 / 65	00:02:00 / 67	00:43:33 / 127	00:00:48 / 115	00:17:20 / 113	01:12:45	00:26:12
					M40+17								
115	116	KWIATEK PIOTR			80		M / 102 00:12:18 / 136	00:02:34 / 138	00:40:19 / 104	00:01:26 / 123	00:16:23 / 95	01:13:00	00:26:27
116	84	DĘBIAK PIOTR			77		M / 103 00:10:09 / 91	00:02:16 / 92	00:41:39 / 117	00:01:25 / 118	00:17:33 / 116	01:13:02	00:26:29
117	192	XIAOPENG SHEN		WITC	85		M / 104 00:10:06 / 88	00:01:44 / 83	00:44:24 / 131	00:01:26 / 127	00:15:36 / 74	01:13:16	00:26:43
118	25	PAWLIK KORNEL		LENIWCE.PL	85		M / 105 00:08:12 / 42	00:01:26 / 32	00:43:23 / 126	00:01:11 / 103	00:19:41 / 131	01:13:53	00:27:20
119	101	KRYSZCZUK KRZYSZTOF			67		M / 106 00:10:18 / 95	00:01:36 / 85	00:42:08 / 122	00:00:56 / 111	00:19:08 / 128	01:14:06	00:27:33
					M40+18								

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
120	110	KOWALCZYK RAFAŁ			76		M / 107 00:09:26 / 70	00:02:44 / 91	00:43:15 / 124	00:01:05 / 122	00:17:43 / 118	<b>01:14:13</b>	00:27:40
121	71	GRECZKA MAGDALENA		BOOT CAMP	85		K / 14 00:10:26 / 101	00:02:30 / 114	00:44:05 / 128	00:01:01 / 128	00:16:31 / 98	<b>01:14:33</b>	00:28:00
122	129	RUS JACEK			82		M / 108 00:10:22 / 98	00:02:31 / 109	00:43:16 / 125	00:00:50 / 125	00:17:38 / 117	<b>01:14:37</b>	00:28:04
123	99	BŁASZCZAK MICHAŁ			78		M / 109 00:11:34 / 127	00:02:24 / 130	00:41:16 / 111	00:01:12 / 121	00:18:14 / 123	<b>01:14:40</b>	00:28:07
124	156	SKOLIMOWSKA EWA			94		K / 15 00:07:57 / 33	00:01:09 / 21	00:44:30 / 132	00:00:55 / 108	00:20:13 / 134	<b>01:14:44</b>	00:28:11
125	109	ZIÓŁEK SYLWESTER			76		M / 110 00:11:08 / 118	00:02:39 / 128	00:40:31 / 107	00:01:11 / 117	00:19:28 / 130	<b>01:14:57</b>	00:28:24
126	130	OLSZEWSKI MAKSYMILIAN			94		M / 111 00:12:55 / 141	00:01:52 / 135	00:41:48 / 119	00:01:00 / 126	00:17:32 / 115	<b>01:15:07</b>	00:28:34
127	100	GRADOWSKI KRZYSZTOF		ŚCIEŻKA BIEGOWA POLE MOKOTOWSKIE	80		M / 112 00:14:51 / 144	00:03:16 / 147	00:41:26 / 114	00:01:13 / 134	00:15:00 / 61	<b>01:15:46</b>	00:29:13
128	158	SKRZYPKOWSKI MACIEJ			86		M / 113 00:10:11 / 92	00:02:29 / 99	00:46:28 / 135	00:01:04 / 132	00:16:16 / 88	<b>01:16:28</b>	00:29:55
129	214	KOCHAŃSKI PAWEŁ			75		M / 114 00:10:24 / 99	00:02:30 / 111	00:41:18 / 112	00:01:11 / 114	00:21:13 / 145	<b>01:16:36</b>	00:30:03
130	197	WESTFAL AGNIESZKA			83		K / 16 00:10:38 / 105	00:02:13 / 107	00:41:50 / 120	00:01:36 / 120	00:21:01 / 143	<b>01:17:18</b>	00:30:45
131	161	GIL LECH		MC TEAM	59		M / 115 00:15:09 / 147	00:02:09 / 146	00:42:43 / 123	00:00:45 / 135	00:16:53 / 103	<b>01:17:39</b>	00:31:07
					M40+/19								
132	78	DUCHNOWSKA JULITA		AZS AWF BIAŁA PODLASKA	94		K / 17 00:06:49 / 10	00:01:40 / 12	00:48:26 / 137	00:01:14 / 129	00:21:03 / 144	<b>01:19:12</b>	00:32:39
133	195	WOSKOWICZ ODA			85		K / 18 00:10:49 / 111	00:01:55 / 103	00:44:40 / 133	00:01:01 / 131	00:20:47 / 138	<b>01:19:12</b>	00:32:39
134	157	KOPRYJANIUK PRZEMYSŁAW			60		M / 116 00:12:22 / 137	00:02:27 / 136	00:44:12 / 130	00:01:13 / 133	00:19:12 / 129	<b>01:19:26</b>	00:32:53
					M40+/20								
135	112	MOLDOVEANU CRISTINA		WITC	78		K / 19 00:09:55 / 84	00:01:34 / 77	00:49:06 / 140	00:01:02 / 137	00:17:55 / 121	<b>01:19:32</b>	00:32:59
136	87	PIWOWARSKA KATARZYNA		TRIPROJEKT.BLOGSPOT.COM	81		K / 20 00:10:46 / 109	00:02:19 / 116	00:46:42 / 136	00:01:45 / 136	00:20:57 / 142	<b>01:22:29</b>	00:35:56
137	144	PACOCHA EWELINA			90		K / 21 00:08:40 / 52	00:01:58 / 56	00:50:03 / 142	00:01:09 / 139	00:20:43 / 137	<b>01:22:33</b>	00:36:01
138	154	KUDRIAWCEW RAFAŁ		GOOGLE ENDURANCE TEAM	76		M / 117 00:10:19 / 96	00:02:07 / 94	00:44:41 / 134	00:01:08 / 130	00:24:18 / 147	<b>01:22:33</b>	00:36:01
139	200	JARCO ALEKSANDRA		PODKOWIAŃSKIE TOWARZYSTWO BIEGOWE	88		K / 22 00:11:38 / 129	00:04:56 / 142	00:44:09 / 129	00:01:04 / 138	00:20:51 / 140	<b>01:22:38</b>	00:36:05
140	199	SYGULA JOANNA			80		K / 23 00:12:15 / 134	00:01:54 / 133	00:48:33 / 138	00:01:07 / 140	00:20:08 / 133	<b>01:23:57</b>	00:37:25
141	187	DAHMS ANGELIKA			86		K / 24 00:10:29 / 103	00:03:13 / 127	00:49:13 / 141	00:01:02 / 141	00:20:30 / 135	<b>01:24:27</b>	00:37:54
142	223	RADUCHA MARTA		WITC	82		K / 25 00:12:34 / 140	00:02:18 / 137	00:48:37 / 139	00:00:57 / 142	00:22:34 / 146	<b>01:27:00</b>	00:40:27
143	205	BRZEZIŃSKA IWONA		AT TEAM	86		K / 26 00:09:53 / 81	00:03:00 / 110	00:52:09 / 143	00:01:10 / 143	00:20:54 / 141	<b>01:27:06</b>	00:40:33
144	23	KUŚMIERCZYK MARIUSZ		NESTLE WELLNESS RUNNERS	71		M / 118 00:12:23 / 138	00:02:54 / 140	00:53:35 / 144	00:01:08 / 144	00:20:34 / 136	<b>01:30:34</b>	00:44:01
					M40+/21								
145	44	PIASECKA DOMINIKA		WITC	83		K / 27 00:11:44 / 132	00:02:22 / 132	00:58:29 / 145	00:01:03 / 146	00:18:45 / 127	<b>01:32:23</b>	00:45:50
146	145	JEZOWSKI SŁAWOMIR		SYRENKA WARSZAWA	61	NPS/2	M / 119 00:10:56 / 113	00:01:37 / 96	01:04:51 / 147	00:01:47 / 147	00:14:26 / 51	<b>01:33:37</b>	00:47:05
					M40+/22								
147	215	MIŃKOWSKA ALEKSANDRA			90		K / 28 00:11:31 / 125	00:01:56 / 122	00:59:05 / 146	00:00:53 / 145	00:20:50 / 139	<b>01:34:15</b>	00:47:42

## IV Siedlecki Triathlon

**WYNIKI ZAWODÓW / RESULTS LIST**

printed: 18.08.2013 16:39:14

<b>Miejsce:</b>	Siedlce	<b>Dystans:</b>	0,4 - 10 - 3
<b>Data:</b>	18 sierpnia 2013 r.	<b>Start:</b>	15:01:43
<b>Organizator:</b> Urząd Miasta Siedlce, Stowarzyszenie Leniwiec.pl			

**M40+**

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
1	41	DRABOT ANDRZEJ			72	M40+/1	M / 14 00:09:36 / 11	00:01:02 / 6	00:32:07 / 1	00:01:10 / 1	00:12:41 / 2	<b>00:56:36</b>	00:10:03
2	68	DANEK BARTŁOMIEJ		WTT / TRINERGY	73	M40+/2	M / 16 00:06:39 / 1	00:01:33 / 1	00:35:41 / 4	00:00:39 / 2	00:12:51 / 3	<b>00:57:23</b>	00:10:51
3	81	DĄBROWSKI ROBERT			71	M40+/3	M / 34 00:09:07 / 7	00:01:49 / 7	00:36:01 / 5	00:00:44 / 5	00:12:39 / 1	<b>01:00:20</b>	00:13:47
4	98	PASIERBIŃSKI PIOTR			68	M40+/4	M / 40 00:08:01 / 4	00:01:27 / 2	00:35:06 / 3	00:01:33 / 3	00:15:26 / 11	<b>01:01:33</b>	00:15:00
5	208	TYC ZBIGNIEW			65	M40+/5	M / 48 00:09:30 / 9	00:02:07 / 11	00:34:24 / 2	00:01:17 / 4	00:15:04 / 9	<b>01:02:22</b>	00:15:50
6	57	JUDKA WŁADYSŁAW		MKB DREPTAK	59	M40+/6	M / 60 00:11:17 / 18	00:01:53 / 18	00:37:42 / 9	00:00:45 / 12	00:13:44 / 5	<b>01:05:21</b>	00:18:48
7	76	WYPYCH RADOSŁAW		ART PROFI TEAM	69	M40+/7	M / 61 00:10:45 / 16	00:01:57 / 17	00:38:54 / 13	00:00:43 / 13	00:13:08 / 4	<b>01:05:27</b>	00:18:54
8	148	KALACIŃSKI RYSZARD			69	M40+/8	M / 64 00:09:35 / 10	00:02:00 / 10	00:37:42 / 8	00:00:59 / 7	00:15:20 / 10	<b>01:05:36</b>	00:19:03
9	96	PRZYBYLSKI TOMASZ		KLUB WYSOKOGÓRSKI WARSZAWA	55	M40+/9	M / 69 00:10:05 / 13	00:02:36 / 16	00:37:51 / 10	00:01:00 / 11	00:14:33 / 8	<b>01:06:05</b>	00:19:32
10	209	SÓLDAN MACIEJ			72	M40+/10	M / 70 00:08:34 / 5	00:01:50 / 5	00:37:11 / 6	00:01:01 / 6	00:17:31 / 18	<b>01:06:07</b>	00:19:34
11	166	KOSNO PIOTR			72	M40+/11	M / 72 00:09:13 / 8	00:01:59 / 9	00:38:21 / 12	00:00:46 / 8	00:16:03 / 13	<b>01:06:22</b>	00:19:49
12	193	MIKULSKI ARTUR		BLUE DOG	70	M40+/12	M / 73 00:12:25 / 21	00:01:47 / 19	00:37:33 / 7	00:00:46 / 14	00:13:56 / 6	<b>01:06:27</b>	00:19:54
13	105	MANDZIUK MAREK		KLUB BIEGACZA BIALA BIEGA	71	M40+/13	M / 75 00:10:15 / 14	00:01:45 / 13	00:37:59 / 11	00:00:48 / 10	00:15:51 / 12	<b>01:06:38</b>	00:20:05
14	165	TOBIS PAWEŁ		TRINERGY/WTT	73	M40+/14	M / 80 00:07:24 / 2	00:02:19 / 4	00:39:51 / 15	00:01:01 / 9	00:16:43 / 14	<b>01:07:18</b>	00:20:45
15	108	ZALEWSKI PIOTR		ALETEMPO	69	M40+/15	M / 92 00:10:00 / 12	00:02:08 / 14	00:41:25 / 16	00:00:56 / 16	00:16:45 / 15	<b>01:11:14</b>	00:24:42
16	115	FARSTAD VEGARD		WITC	73	M40+/16	M / 98 00:07:36 / 3	00:01:59 / 3	00:39:26 / 14	00:03:36 / 15	00:19:40 / 21	<b>01:12:17</b>	00:25:45
17	75	DUCHNOWSKI DARIUSZ			71	M40+/17	M / 101 00:09:04 / 6	00:02:00 / 8	00:43:33 / 19	00:00:48 / 18	00:17:20 / 17	<b>01:12:45</b>	00:26:12
18	101	KRYSZCZUK KRZYSZTOF			67	M40+/18	M / 106 00:10:18 / 15	00:01:36 / 12	00:42:08 / 17	00:00:56 / 17	00:19:08 / 19	<b>01:14:06</b>	00:27:33

<i>Msc</i>	<i>Nr</i>	<i>Nazwisko i imię</i>	<i>Kraj</i>	<i>Drużyna</i>	<i>R-k</i>	<i>W kategorii</i>					<i>Wynik</i>	<i>Strata</i>	
<i>Rank</i>	<i>Bib</i>	<i>Name</i>	<i>Nat.</i>	<i>Team</i>	<i>YoB</i>	<i>in Age</i>	<i>Pływanie</i>	<i>T1/Pozycja</i>	<i>Rower</i>	<i>T2/Pozycja</i>	<i>Bieg</i>	<i>Time</i>	<i>Diff.</i>
19	161	GIL LECH		MC TEAM	59		M / 115 00:15:09 / 22	00:02:09 / 22	00:42:43 / 18	00:00:45 / 20	00:16:53 / 16	<b>01:17:39</b>	00:31:07
							M40+/19						
20	157	KOPRYJANIUK PRZEMYSŁAW			60		M / 116 00:12:22 / 19	00:02:27 / 20	00:44:12 / 20	00:01:13 / 19	00:19:12 / 20	<b>01:19:26</b>	00:32:53
							M40+/20						
21	23	KUŚMIERCZYK MARIUSZ		NESTLE WELLNESS RUNNERS	71		M / 118 00:12:23 / 20	00:02:54 / 21	00:53:35 / 21	00:01:08 / 21	00:20:34 / 22	<b>01:30:34</b>	00:44:01
							M40+/21						
22	145	JEZOWSKI SŁAWOMIR		SYRENKA WARSZAWA	61	NPS/ 2	M / 119 00:10:56 / 17	00:01:37 / 15	01:04:51 / 22	00:01:47 / 22	00:14:26 / 7	<b>01:33:37</b>	00:47:05
							M40+/22						

## IV Siedlecki Triathlon

**WYNIKI ZAWODÓW / RESULTS LIST**

printed: 18.08.2013 16:38:47

<b>Miejsce:</b>	Siedlce	<b>Dystans:</b>	0,4 - 10 - 3
<b>Data:</b>	18 sierpnia 2013 r.	<b>Start:</b>	15:01:43
<b>Organizator:</b> Urząd Miasta Siedlce, Stowarzyszenie Leniwiec.pl			

**K40+**

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
1	190	NIEDZIÓŁKA MAŁGORZATA			68	K40+/1	K / 9 00:09:38 / 1	00:02:20 / 1	00:38:53 / 2	00:00:47 / 1	00:15:09 / 1	<b>01:06:47</b>	00:20:14
2	176	SZADURA MAŁGORZATA		WIELISZEW HERON TEAM KALORIK	65	K40+/2	K / 11 00:11:32 / 2	00:01:54 / 2	00:37:46 / 1	00:01:12 / 2	00:17:01 / 2	<b>01:09:25</b>	00:22:52



## IV Siedlecki Triathlon

**WYNIKI ZAWODÓW / RESULTS LIST**

printed: 18.08.2013 16:38:09

<b>Miejsce:</b>	Siedlce	<b>Dystans:</b>	0,4 - 10 - 3
<b>Data:</b>	18 sierpnia 2013 r.	<b>Start:</b>	15:01:43
<b>Organizator:</b> Urząd Miasta Siedlce, Stowarzyszenie Leniwec.pl			

## OPEN

## MĘŻCZYŹNI (MEN)

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
1	3	MICHALSKI MACIEJ		BANASZEK DUDA JAMIS TEAM	79	JM / 1	00:07:06 / 14	00:01:04 / 8	00:25:14 / 1	00:00:44 / 1	00:12:24 / 5	<b>00:46:32</b>	
2	7	JANIAK PAWEŁ		ORGANIZATOR TEAM LENIWCE.PL	80	WAS/ 1 JM / 2	00:06:29 / 5	00:00:55 / 3	00:28:17 / 3	00:00:42 / 3	00:11:32 / 3	<b>00:47:55</b>	00:01:22
3	9	MAŁEK PIOTR			76	JM / 3	00:06:08 / 3	00:01:00 / 2	00:27:20 / 2	00:00:45 / 2	00:12:45 / 12	<b>00:47:58</b>	00:01:25
4	1	ŁACHUT WOJCIECH		BIKE ACADEMY TEAM	78	WAS/ 2 JM / 4	00:05:44 / 1	00:01:24 / 1	00:28:55 / 4	00:00:48 / 4	00:13:07 / 19	<b>00:49:58</b>	00:03:25
5	15	PRUCHNIEWSKI SŁAWOMIR		WTT WARSZAWA	79	WAS/ 3 JM / 5	00:07:27 / 19	00:01:16 / 13	00:30:31 / 8	00:00:31 / 6	00:13:05 / 17	<b>00:52:50</b>	00:06:17
6	8	ZAPAŁOWSKI PAWEŁ		WTT / LENIWCE.PL	83	JM / 6	00:06:49 / 9	00:01:28 / 10	00:30:16 / 7	00:00:44 / 5	00:13:56 / 34	<b>00:53:13</b>	00:06:40
7	43	BIELARSKI KAROL		CAPGEMINI/TRICLUB	85	JM / 7	00:08:31 / 41	00:01:36 / 39	00:29:57 / 6	00:01:07 / 8	00:12:21 / 4	<b>00:53:32</b>	00:06:59
8	10	WIERZBICKI GRZEGORZ		LENIWCE.PL	74	WAS/ 4 JM / 8	00:08:11 / 34	00:02:08 / 42	00:29:55 / 5	00:00:59 / 9	00:12:28 / 6	<b>00:53:41</b>	00:07:08
9	174	KULIGOWSKI ADAM		TEMPO MŁAWA	92	JM / 9	00:06:50 / 10	00:01:17 / 6	00:32:05 / 13	00:00:51 / 7	00:13:40 / 27	<b>00:54:43</b>	00:08:10
10	151	MITROFANIUK MAREK		YULO RUN TEAM SIEDLCE	83	JM / 10	00:10:19 / 82	00:01:14 / 66	00:31:03 / 9	00:01:01 / 16	00:11:26 / 2	<b>00:55:03</b>	00:08:30
11	30	URBAN ARTUR		YULO RUN TEAM SIEDLCE	83	JM / 11	00:11:30 / 102	00:01:24 / 93	00:31:45 / 10	00:00:30 / 25	00:10:44 / 1	<b>00:55:53</b>	00:09:20
12	20	MARCINZYK FILIP			82	JM / 12	00:06:47 / 8	00:01:53 / 12	00:33:40 / 21	00:00:44 / 11	00:12:59 / 15	<b>00:56:03</b>	00:09:30
13	134	SWEKLEJ ADAM			74	JM / 13	00:08:06 / 33	00:01:44 / 33	00:32:39 / 16	00:00:59 / 15	00:12:43 / 11	<b>00:56:11</b>	00:09:39
14	41	DRABOT ANDRZEJ			72	M40+/1 JM / 14	00:09:36 / 63	00:01:02 / 47	00:32:07 / 14	00:01:10 / 18	00:12:41 / 9	<b>00:56:36</b>	00:10:03
15	162	KWACZYNSKI TOMASZ		DRUŻYNA KANIBALA WEGETARIANINA	83	JM / 15	00:08:16 / 37	00:01:57 / 41	00:32:33 / 15	00:00:41 / 14	00:13:43 / 29	<b>00:57:10</b>	00:10:37
16	68	DANEK BARTŁOMIEJ		WTT / TRINERGY	73	M40+/2 JM / 16	00:06:39 / 7	00:01:33 / 9	00:35:41 / 42	00:00:39 / 21	00:12:51 / 13	<b>00:57:23</b>	00:10:51
17	104	SKOCZ TOMASZ			86	JM / 17	00:08:29 / 40	00:01:19 / 31	00:32:43 / 17	00:00:43 / 12	00:14:22 / 44	<b>00:57:36</b>	00:11:04
18	102	PERCIŃSKI ŁUKASZ			96	JM / 18	00:06:51 / 11	00:01:47 / 11	00:34:45 / 31	00:00:43 / 20	00:13:31 / 25	<b>00:57:37</b>	00:11:04
19	201	ZIĘBA MARCIN			78	JM / 19	00:08:40 / 46	00:01:56 / 46	00:31:48 / 11	00:00:54 / 13	00:14:20 / 42	<b>00:57:38</b>	00:11:05
20	177	ŚLEPOWROŃSKI BOGDAN		1 2 TRI	80	JM / 20	00:08:02 / 29	00:01:20 / 20	00:34:48 / 33	00:00:42 / 23	00:12:51 / 14	<b>00:57:43</b>	00:11:10
21	188	ZWOLAK KRZYSZTOF		WWW.KOMPANIAWRAZEN.PL	74	NPS/ 1 JM / 21	00:08:55 / 51	00:01:13 / 40	00:32:56 / 18	00:00:43 / 17	00:14:31 / 51	<b>00:58:18</b>	00:11:45
22	86	MATWIEJCZUK JAKUB			94	JM / 22	00:07:04 / 13	00:01:44 / 15	00:36:27 / 49	00:00:39 / 33	00:12:35 / 7	<b>00:58:29</b>	00:11:56
23	60	TORZEWSKI MARCIN		4SCRUBEEK	84	JM / 23	00:09:18 / 57	00:01:42 / 55	00:33:26 / 20	00:01:08 / 29	00:13:06 / 18	<b>00:58:40</b>	00:12:07
24	213	KRAWCZAK BARTOSZ		BANASZEK DUDA JAMIS TEAM	86	JM / 24	00:06:07 / 2	00:01:30 / 4	00:34:17 / 27	00:00:57 / 10	00:16:15 / 81	<b>00:59:06</b>	00:12:33
25	61	GROMEK PRZEMEK			89	JM / 25	00:09:38 / 64	00:01:13 / 51	00:34:03 / 24	00:00:39 / 28	00:13:51 / 33	<b>00:59:24</b>	00:12:51
26	117	POKORSKI TOMASZ			82	JM / 26	00:09:39 / 65	00:01:19 / 53	00:33:22 / 19	00:00:56 / 26	00:14:17 / 41	<b>00:59:33</b>	00:13:01

## MĘŻCZYŹNI (MEN)

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
27	21	BEBELSKI RAFAŁ		KUŹNIA TRIATHLONU	77		M / 27 00:06:30 / 6	00:01:40 / 7	00:37:23 / 62	00:00:56 / 37	00:13:09 / 21	<b>00:59:38</b>	00:13:05
28	137	SAWICKI MARCIN		NORDIX EKOBIEGI	78		M / 28 00:07:11 / 15	00:01:56 / 18	00:34:45 / 32	00:00:59 / 22	00:15:03 / 58	<b>00:59:54</b>	00:13:21
29	122	HORODNICZY MARIUSZ			83		M / 29 00:07:46 / 25	00:01:10 / 16	00:35:50 / 43	00:00:54 / 31	00:14:23 / 45	<b>01:00:03</b>	00:13:30
30	48	PROKURAT KAMIL			89		M / 30 00:09:54 / 69	00:01:49 / 69	00:34:14 / 26	00:00:51 / 42	00:13:18 / 22	<b>01:00:06</b>	00:13:33
31	133	RACZKOWSKI PAWEŁ			77		M / 31 00:08:21 / 38	00:01:45 / 38	00:35:01 / 35	00:00:43 / 32	00:14:24 / 48	<b>01:00:14</b>	00:13:41
32	32	OLSZEWSKI KRZYSZTOF		AZS SGGW WARSZAWA	89		M / 32 00:06:23 / 4	00:01:30 / 5	00:35:14 / 37	00:00:50 / 19	00:16:18 / 85	<b>01:00:15</b>	00:13:42
33	121	HONORY MACIEJ		CAPGEMINI	79		M / 33 00:08:57 / 53	00:02:08 / 57	00:33:41 / 22	00:00:51 / 30	00:14:41 / 55	<b>01:00:18</b>	00:13:45
34	81	DĄBROWSKI ROBERT			71	M40+/3	M / 34 00:09:07 / 55	00:01:49 / 52	00:36:01 / 45	00:00:44 / 49	00:12:39 / 8	<b>01:00:20</b>	00:13:47
35	83	LEŻANKA KRZYSZTOF		PĘDZIWIATR - PODLASKIE CENTRUM BIEGOWE	81		M / 35 00:08:51 / 50	00:02:15 / 58	00:35:19 / 39	00:00:42 / 43	00:13:27 / 24	<b>01:00:34</b>	00:14:01
36	207	SITKO MARIUSZ			81		M / 36 00:07:32 / 22	00:02:09 / 28	00:34:53 / 34	00:00:48 / 27	00:15:36 / 69	<b>01:00:58</b>	00:14:26
37	179	KOŹŁOWSKI PIOTR			80		M / 37 00:08:03 / 30	00:01:32 / 25	00:34:30 / 29	00:01:01 / 24	00:16:03 / 80	<b>01:01:09</b>	00:14:36
38	175	MLONEK PAWEŁ			75		M / 38 00:08:37 / 43	00:02:11 / 50	00:34:40 / 30	00:01:11 / 39	00:14:40 / 54	<b>01:01:19</b>	00:14:46
39	52	SZMITKOWSKI SEBASTIAN		MESSERSCHMITEK	85		M / 39 00:11:06 / 95	00:01:40 / 89	00:33:50 / 23	00:00:38 / 44	00:14:17 / 40	<b>01:01:31</b>	00:14:58
40	98	PASIERBIŃSKI PIOTR			68	M40+/4	M / 40 00:08:01 / 28	00:01:27 / 22	00:35:06 / 36	00:01:33 / 35	00:15:26 / 64	<b>01:01:33</b>	00:15:00
41	226	GRAD RAFAŁ			88		M / 41 00:08:29 / 39	00:01:35 / 36	00:35:17 / 38	00:00:52 / 36	00:15:34 / 67	<b>01:01:47</b>	00:15:14
42	191	KOŹŁUK ARTUR			78		M / 42 00:10:08 / 75	00:01:16 / 64	00:35:35 / 40	00:00:39 / 48	00:14:11 / 38	<b>01:01:49</b>	00:15:16
43	138	SIECZYCH KRZESIMIR		LEGIA WARSZAWA	86		M / 43 00:07:19 / 16	00:01:41 / 17	00:36:11 / 46	00:00:47 / 34	00:16:01 / 78	<b>01:01:59</b>	00:15:26
44	47	KĘPKIEWICZ PIOTR			74		M / 44 00:08:49 / 49	00:01:16 / 37	00:35:55 / 44	00:00:44 / 41	00:15:22 / 63	<b>01:02:06</b>	00:15:33
45	202	MIKULSKI HUBERT		BLUE DOG	81		M / 45 00:09:40 / 66	00:01:40 / 61	00:34:04 / 25	00:01:19 / 40	00:15:29 / 65	<b>01:02:12</b>	00:15:39
46	97	JACZEWSKI WOJCIECH		ŚCIEŻKA BIEGOWA POLE MOKOTOWSKIE	80		M / 46 00:08:45 / 48	00:03:04 / 70	00:36:47 / 54	00:00:57 / 55	00:12:42 / 10	<b>01:02:15</b>	00:15:42
47	33	OLSZEWSKI JAROSŁAW			91		M / 47 00:08:04 / 32	00:01:26 / 23	00:37:42 / 68	00:00:41 / 50	00:14:22 / 46	<b>01:02:15</b>	00:15:42
48	208	TYC ZBIGNIEW			65	M40+/5	M / 48 00:09:30 / 60	00:02:07 / 68	00:34:24 / 28	00:01:17 / 45	00:15:04 / 59	<b>01:02:22</b>	00:15:50
49	65	JANIAK ŁUKASZ		1 2 TRI	84		M / 49 00:14:37 / 115	00:01:32 / 114	00:31:51 / 12	00:00:54 / 53	00:13:34 / 26	<b>01:02:28</b>	00:15:56
50	159	BORKOWSKI MACIEJ			88		M / 50 00:06:59 / 12	00:01:49 / 14	00:38:06 / 75	00:00:39 / 47	00:15:15 / 60	<b>01:02:48</b>	00:16:15
51	171	HEJNIAK MICHAŁ			89		M / 51 00:07:49 / 26	00:01:56 / 30	00:35:42 / 41	00:01:06 / 38	00:16:16 / 84	<b>01:02:49</b>	00:16:16
52	85	DZIUBATY ŁUKASZ			76		M / 52 00:07:44 / 24	00:01:36 / 19	00:36:37 / 51	00:01:31 / 46	00:16:19 / 86	<b>01:03:47</b>	00:17:15
53	54	ROSZKIEWICZ HUBERT		RH FITNESS	79		M / 53 00:09:32 / 61	00:01:15 / 49	00:36:43 / 52	00:01:12 / 52	00:15:33 / 66	<b>01:04:15</b>	00:17:42
54	56	WAŚIK MICHAŁ		ULUBIONA_SHOT_2_PLN	87		M / 54 00:10:26 / 86	00:02:15 / 86	00:36:52 / 55	00:00:48 / 64	00:14:01 / 36	<b>01:04:22</b>	00:17:49
55	225	ŁAWECKI SZYMON		MKS POGOŃ SIEDLCE	78		M / 55 00:11:15 / 99	00:01:57 / 97	00:36:23 / 48	00:01:05 / 68	00:13:46 / 31	<b>01:04:26</b>	00:17:53
56	125	PICZKOWSKI MARCIN			82		M / 56 00:09:40 / 67	00:02:11 / 72	00:37:23 / 60	00:00:53 / 57	00:14:31 / 50	<b>01:04:38</b>	00:18:05
57	91	PACZESNY JANUSZ			84		M / 57 00:10:53 / 92	00:01:59 / 90	00:37:28 / 64	00:00:43 / 70	00:13:42 / 28	<b>01:04:45</b>	00:18:12
58	31	GÓRSKI MARCIN		SZALEJĄCE ZAJĄCE	80		M / 58 00:07:58 / 27	00:02:21 / 43	00:39:29 / 85	00:00:52 / 67	00:14:20 / 43	<b>01:05:00</b>	00:18:27
59	178	KĘPKA MICHAŁ			86		M / 59 00:10:32 / 87	00:01:53 / 79	00:36:59 / 58	00:00:54 / 62	00:14:57 / 56	<b>01:05:15</b>	00:18:42

## MĘŻCZYŹNI (MEN)

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
60	57	JUDKA WŁADYSŁAW		MKB DREPTAK	59	M40+/6	M / 60 00:11:17 / 100	00:01:53 / 96	00:37:42 / 69	00:00:45 / 78	00:13:44 / 30	<b>01:05:21</b>	00:18:48
61	76	WYPYCH RADOSŁAW		ART PROFI TEAM	69	M40+/7	M / 61 00:10:45 / 90	00:01:57 / 87	00:38:54 / 81	00:00:43 / 82	00:13:08 / 20	<b>01:05:27</b>	00:18:54
62	198	SKIBIŃSKI MAREK		LASEK BIELAŃSKI TEAM	90		M / 62 00:08:41 / 47	00:02:36 / 60	00:37:54 / 72	00:02:06 / 74	00:14:13 / 39	<b>01:05:30</b>	00:18:57
63	28	PARSONS ALAN		WITC	81		M / 63 00:11:51 / 107	00:01:56 / 105	00:38:04 / 74	00:00:43 / 85	00:13:00 / 16	<b>01:05:34</b>	00:19:01
64	148	KALACIŃSKI RYSZARD			69	M40+/8	M / 64 00:09:35 / 62	00:02:00 / 67	00:37:42 / 66	00:00:59 / 61	00:15:20 / 62	<b>01:05:36</b>	00:19:03
65	94	SAKURA TRISTAN			78		M / 65 00:10:03 / 71	00:01:21 / 62	00:40:04 / 91	00:00:50 / 81	00:13:24 / 23	<b>01:05:42</b>	00:19:09
66	64	GRABOWSKI ROBERT			93		M / 66 00:08:04 / 31	00:01:47 / 34	00:38:43 / 79	00:00:46 / 54	00:16:27 / 88	<b>01:05:47</b>	00:19:15
67	184	KUŹMA KAROL		YULO RUN TEAM SIEDLCE	75		M / 67 00:08:56 / 52	00:01:38 / 45	00:40:00 / 90	00:00:54 / 76	00:14:24 / 47	<b>01:05:52</b>	00:19:19
68	82	HORODEŃSKI MICHAŁ		NORDIX EKOBIEGI	74		M / 68 00:10:42 / 88	00:02:12 / 94	00:36:28 / 50	00:00:53 / 60	00:15:47 / 72	<b>01:06:02</b>	00:19:29
69	96	PRZYBYLSKI TOMASZ		KLUB WYSOKOGÓRSKI WARSZAWA	55	M40+/9	M / 69 00:10:05 / 72	00:02:36 / 85	00:37:51 / 71	00:01:00 / 77	00:14:33 / 52	<b>01:06:05</b>	00:19:32
70	209	SOLDAN MACIEJ			72		M / 70 00:08:34 / 42	00:01:50 / 44	00:37:11 / 59	00:01:01 / 51	00:17:31 / 100	<b>01:06:07</b>	00:19:34
						M40+/10							
71	113	STAGITIS MARTINS		WITC	79		M / 71 00:11:06 / 96	00:01:58 / 95	00:36:21 / 47	00:00:43 / 58	00:15:59 / 77	<b>01:06:07</b>	00:19:34
72	166	KOSNO PIOTR			72		M / 72 00:09:13 / 56	00:01:59 / 59	00:38:21 / 76	00:00:46 / 63	00:16:03 / 79	<b>01:06:22</b>	00:19:49
						M40+/11							
73	193	MIKULSKI ARTUR		BLUE DOG	70		M / 73 00:12:25 / 112	00:01:47 / 108	00:37:33 / 65	00:00:46 / 84	00:13:56 / 35	<b>01:06:27</b>	00:19:54
						M40+/12							
74	111	MAJ GRZEGORZ		ŚCIEŻKA BIEGOWA POLE MOKOTOWSKIE	86		M / 74 00:08:13 / 36	00:01:36 / 32	00:41:12 / 98	00:00:55 / 79	00:14:35 / 53	<b>01:06:31</b>	00:19:58
75	105	MANDZIUK MAREK		KLUB BIEGACZA BIALA BIEGA	71		M / 75 00:10:15 / 79	00:01:45 / 75	00:37:59 / 73	00:00:48 / 69	00:15:51 / 74	<b>01:06:38</b>	00:20:05
						M40+/13							
76	150	MARCIAK MACIEJ		ULUBIONA_SHOT_2_PLN	86		M / 76 00:10:25 / 85	00:02:49 / 98	00:37:22 / 61	00:00:48 / 75	00:15:39 / 70	<b>01:07:03</b>	00:20:31
77	210	KOSELNIK ADAM			82		M / 77 00:10:47 / 91	00:01:52 / 83	00:37:45 / 70	00:00:47 / 73	00:15:53 / 75	<b>01:07:04</b>	00:20:31
78	141	KOSTUSIK SEBASTIAN			90		M / 78 00:08:40 / 45	00:02:20 / 54	00:38:22 / 77	00:00:48 / 59	00:17:05 / 95	<b>01:07:15</b>	00:20:42
79	70	GRABIŃSKI MIROSLAW			89		M / 79 00:08:37 / 44	00:02:09 / 48	00:38:23 / 78	00:00:57 / 56	00:17:12 / 98	<b>01:07:18</b>	00:20:45
80	165	TOBIS PAWEŁ		TRINERGY/WTT	73		M / 80 00:07:24 / 17	00:02:19 / 29	00:39:51 / 88	00:01:01 / 65	00:16:43 / 90	<b>01:07:18</b>	00:20:45
						M40+/14							
81	95	MICHAŁOWSKI MACIEJ			83		M / 81 00:10:59 / 94	00:02:36 / 102	00:36:44 / 53	00:00:47 / 71	00:16:27 / 89	<b>01:07:33</b>	00:21:01
82	103	ROSZKIEWICZ ROBERT		RH FITNESS	79		M / 82 00:10:07 / 74	00:01:49 / 74	00:39:10 / 82	00:01:01 / 80	00:15:42 / 71	<b>01:07:49</b>	00:21:16
83	49	STĘPIEŃ LESZEK		BÓBR TŁUSZCZ	78		M / 83 00:12:16 / 108	00:02:57 / 112	00:37:42 / 67	00:01:02 / 91	00:14:09 / 37	<b>01:08:06</b>	00:21:33
84	36	GOŁAWSKI BARTOSZ		LENIWCE.PL	90	WAS/ 5	M / 84 00:07:27 / 20	00:02:09 / 26	00:41:44 / 105	00:01:32 / 88	00:15:59 / 76	<b>01:08:51</b>	00:22:18
85	132	PERCIŃSKI MATEUSZ			94		M / 85 00:07:26 / 18	00:01:57 / 21	00:40:27 / 95	00:00:48 / 66	00:18:28 / 110	<b>01:09:06</b>	00:22:33
86	114	SZCZEPANIK MARIUSZ		ŚCIEŻKA BIEGOWA POLE MOKOTOWSKIE	75		M / 86 00:13:37 / 114	00:03:21 / 116	00:36:55 / 57	00:01:27 / 99	00:13:49 / 32	<b>01:09:09</b>	00:22:36
87	196	KORWIN-MIKKE KACPER		BLUE DOG	74		M / 87 00:07:30 / 21	00:02:27 / 35	00:39:47 / 87	00:01:25 / 72	00:18:23 / 109	<b>01:09:32</b>	00:22:59
88	163	KOSIŃSKI DANIEL		DRUŻYNA KANIBALA WEGETARIANINA	83		M / 88 00:11:19 / 101	00:01:27 / 88	00:39:40 / 86	00:00:47 / 89	00:17:11 / 96	<b>01:10:24</b>	00:23:51
89	51	GIL TOMASZ		MC TEAM	84		M / 89 00:15:06 / 118	00:01:53 / 117	00:36:53 / 56	00:00:46 / 97	00:15:50 / 73	<b>01:10:28</b>	00:23:55

## MĘŻCZYŹNI (MEN)

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
90	119	WAKUŁA MAREK			74		M / 90 00:10:12 / 78	00:02:18 / 81	00:38:52 / 80	00:01:05 / 83	00:18:03 / 107	<b>01:10:30</b>	00:23:57
91	170	GŁOWACKI WOJCIECH			75		M / 91 00:11:13 / 98	00:02:26 / 103	00:39:11 / 83	00:00:53 / 90	00:17:01 / 93	<b>01:10:44</b>	00:24:11
92	108	ZALEWSKI PIOTR		ALETEMPO	69		M / 92 00:10:00 / 70	00:02:08 / 76	00:41:25 / 101	00:00:56 / 95	00:16:45 / 91	<b>01:11:14</b>	00:24:42
M40+/15													
93	124	NAUMIAK BARTŁOMIEJ			94		M / 93 00:09:53 / 68	00:01:33 / 65	00:40:24 / 94	00:00:57 / 87	00:18:36 / 111	<b>01:11:23</b>	00:24:50
94	106	MALIŃSKI PAWEŁ		UTEP ALUMNI	78		M / 94 00:11:40 / 106	00:01:53 / 100	00:39:52 / 89	00:00:57 / 94	00:17:11 / 97	<b>01:11:33</b>	00:25:01
95	180	MUSZYŃSKI MARCELI		-	94		M / 95 00:15:02 / 117	00:01:45 / 115	00:37:26 / 63	00:01:12 / 102	00:16:16 / 83	<b>01:11:41</b>	00:25:09
96	140	ŚLUSARCZYK PIOTR			74		M / 96 00:11:36 / 104	00:02:23 / 107	00:41:31 / 103	00:01:14 / 109	00:15:19 / 61	<b>01:12:03</b>	00:25:31
97	74	MODRZEJEWSKI DOMINIK			83		M / 97 00:09:27 / 59	00:01:57 / 63	00:41:54 / 107	00:01:02 / 93	00:17:49 / 106	<b>01:12:09</b>	00:25:36
98	115	FARSTAD VEGARD		WITC	73		M / 98 00:07:36 / 23	00:01:59 / 24	00:39:26 / 84	00:03:36 / 86	00:19:40 / 116	<b>01:12:17</b>	00:25:45
M40+/16													
99	212	KARAMUZ ŁUKASZ			85		M / 99 00:10:44 / 89	00:02:49 / 101	00:40:12 / 92	00:00:51 / 96	00:17:49 / 105	<b>01:12:25</b>	00:25:52
100	168	MUNIEWSKI MARCIN			76		M / 100 00:11:39 / 105	00:01:36 / 99	00:40:54 / 97	00:01:22 / 105	00:17:02 / 94	<b>01:12:33</b>	00:26:00
101	75	DUCHNOWSKI DARIUSZ			71		M / 101 00:09:04 / 54	00:02:00 / 56	00:43:33 / 113	00:00:48 / 101	00:17:20 / 99	<b>01:12:45</b>	00:26:12
M40+/17													
102	116	KWIATEK PIOTR			80		M / 102 00:12:18 / 109	00:02:34 / 111	00:40:19 / 93	00:01:26 / 108	00:16:23 / 87	<b>01:13:00</b>	00:26:27
103	84	DĘBIAK PIOTR			77		M / 103 00:10:09 / 76	00:02:16 / 78	00:41:39 / 104	00:01:25 / 104	00:17:33 / 102	<b>01:13:02</b>	00:26:29
104	192	XIAOPENG SHEN		WITC	85		M / 104 00:10:06 / 73	00:01:44 / 71	00:44:24 / 115	00:01:26 / 112	00:15:36 / 68	<b>01:13:16</b>	00:26:43
105	25	PAWLIK KORNEL		LENIWCE.PL	85		M / 105 00:08:12 / 35	00:01:26 / 27	00:43:23 / 112	00:01:11 / 92	00:19:41 / 115	<b>01:13:53</b>	00:27:20
106	101	KRYSZCZUK KRZYSZTOF			67		M / 106 00:10:18 / 80	00:01:36 / 73	00:42:08 / 108	00:00:56 / 98	00:19:08 / 112	<b>01:14:06</b>	00:27:33
M40+/18													
107	110	KOWALCZYK RAFAŁ			76		M / 107 00:09:26 / 58	00:02:44 / 77	00:43:15 / 110	00:01:05 / 107	00:17:43 / 104	<b>01:14:13</b>	00:27:40
108	129	RUS JACEK			82		M / 108 00:10:22 / 83	00:02:31 / 91	00:43:16 / 111	00:00:50 / 110	00:17:38 / 103	<b>01:14:37</b>	00:28:04
109	99	BŁASZCZAK MICHAŁ			78		M / 109 00:11:34 / 103	00:02:24 / 106	00:41:16 / 99	00:01:12 / 106	00:18:14 / 108	<b>01:14:40</b>	00:28:07
110	109	ZIÓLEK SYLWESTER			76		M / 110 00:11:08 / 97	00:02:39 / 104	00:40:31 / 96	00:01:11 / 103	00:19:28 / 114	<b>01:14:57</b>	00:28:24
111	130	OLSZEWSKI MAKSYMILIAN			94		M / 111 00:12:55 / 113	00:01:52 / 109	00:41:48 / 106	00:01:00 / 111	00:17:32 / 101	<b>01:15:07</b>	00:28:34
112	100	GRADOWSKI KRZYSZTOF		ŚCIEŻKA BIEGOWA POLE MOKOTOWSKIE	80		M / 112 00:14:51 / 116	00:03:16 / 119	00:41:26 / 102	00:01:13 / 116	00:15:00 / 57	<b>01:15:46</b>	00:29:13
113	158	SKRZYPKOWSKI MACIEJ			86		M / 113 00:10:11 / 77	00:02:29 / 84	00:46:28 / 117	00:01:04 / 114	00:16:16 / 82	<b>01:16:28</b>	00:29:55
114	214	KOCHAŃSKI PAWEŁ			75		M / 114 00:10:24 / 84	00:02:30 / 92	00:41:18 / 100	00:01:11 / 100	00:21:13 / 118	<b>01:16:36</b>	00:30:03
115	161	GIL LECH		MC TEAM	59		M / 115 00:15:09 / 119	00:02:09 / 118	00:42:43 / 109	00:00:45 / 117	00:16:53 / 92	<b>01:17:39</b>	00:31:07
M40+/19													
116	157	KOPRYJANIUK PRZEMYSŁAW			60		M / 116 00:12:22 / 110	00:02:27 / 110	00:44:12 / 114	00:01:13 / 115	00:19:12 / 113	<b>01:19:26</b>	00:32:53
M40+/20													
117	154	KUDRIAWCEW RAFAŁ		GOOGLE ENDURANCE TEAM	76		M / 117 00:10:19 / 81	00:02:07 / 80	00:44:41 / 116	00:01:08 / 113	00:24:18 / 119	<b>01:22:33</b>	00:36:01
118	23	KUŚMIERCZYK MARIUSZ		NESTLE WELLNESS RUNNERS	71		M / 118 00:12:23 / 111	00:02:54 / 113	00:53:35 / 118	00:01:08 / 118	00:20:34 / 117	<b>01:30:34</b>	00:44:01

**MĘŻCZYŹNI (MEN)**

<i>Msc</i>	<i>Nr</i>	<i>Nazwisko i imię</i>	<i>Kraj</i>	<i>Drużyna</i>	<i>R-k</i>	<i>W kategorii</i>					<i>Wynik</i>	<i>Strata</i>	
<i>Rank</i>	<i>Bib</i>	<i>Name</i>	<i>Nat.</i>	<i>Team</i>	<i>YoB</i>	<i>in Age</i>	<i>Pływanie</i>	<i>T1/Pozycja</i>	<i>Rower</i>	<i>T2/Pozycja</i>	<i>Bieg</i>	<i>Time</i>	<i>Diff.</i>
						M40+/21							
119	145	JEZOWSKI SLAWOMIR		SYRENKA WARSZAWA	61	NPS/ 2  M / 119	00:10:56 / 93	00:01:37 / 82	01:04:51 / 119	00:01:47 / 119	00:14:26 / 49	<b>01:33:37</b>	00:47:05
						M40+/22							

## IV Siedlecki Triathlon

**WYNIKI ZAWODÓW / RESULTS LIST**

printed: 18.08.2013 16:38:28

<b>Miejsce:</b>	Siedlce	<b>Dystans:</b>	0,4 - 10 - 3
<b>Data:</b>	18 sierpnia 2013 r.	<b>Start:</b>	15:01:43
<b>Organizator:</b> Urząd Miasta Siedlce, Stowarzyszenie Leniwiec.pl			

## OPEN

## KOBIECY (WOMEN)

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
1	66	SIWCZUK ALEKSANDRA			81	K / 1	00:07:00 / 2	00:01:26 / 1	00:36:34 / 3	00:00:57 / 1	00:15:07 / 5	01:01:04	00:14:31
2	155	MZYK ELŻBIETA		ŚWIAT ROWERÓW RALEIGH TEAM	75	K / 2	00:07:53 / 6	00:01:06 / 3	00:36:00 / 1	00:01:14 / 2	00:14:58 / 4	01:01:11	00:14:39
3	79	MAZURKIEWICZ AGNIESZKA		WMT	82	K / 3	00:07:01 / 3	00:02:06 / 5	00:37:17 / 5	00:00:43 / 3	00:14:44 / 3	01:01:51	00:15:18
4	160	SOBIELGA AGATA		DRUŻYNA KANIBALA WEGETARIANINA	85	K / 4	00:08:57 / 11	00:01:26 / 8	00:37:11 / 4	00:00:45 / 6	00:14:26 / 2	01:02:45	00:16:12
5	172	PALKA JOANNA		BOOT CAMP	88	K / 5	00:08:55 / 10	00:02:02 / 11	00:38:27 / 8	00:00:53 / 8	00:13:20 / 1	01:03:37	00:17:04
6	50	BRACH ALA			84	K / 6	00:08:49 / 9	00:01:42 / 9	00:36:00 / 2	00:00:59 / 4	00:16:41 / 11	01:04:11	00:17:38
7	220	RUTKOWSKA ANNA		DRUŻYNA KANIBALA WEGETARIANINA	84	K / 7	00:07:33 / 5	00:02:10 / 7	00:37:43 / 6	00:00:49 / 5	00:17:01 / 12	01:05:16	00:18:43
8	143	GAŁĄŚ JOANNA			90	K / 8	00:07:31 / 4	00:02:09 / 6	00:38:54 / 11	00:00:57 / 7	00:17:09 / 14	01:06:40	00:20:07
9	190	NIEDZIÓŁKA MAŁGORZATA			68 K40+/1	K / 9	00:09:38 / 13	00:02:20 / 13	00:38:53 / 10	00:00:47 / 10	00:15:09 / 6	01:06:47	00:20:14
10	142	WYTYKOWSKA JOANNA		RYSIE	80	K / 10	00:09:06 / 12	00:02:52 / 14	00:38:37 / 9	00:00:54 / 9	00:16:37 / 10	01:08:06	00:21:33
11	176	SZADURA MAŁGORZATA		WIELISZEW HERON TEAM KALORIK	65 K40+/2	K / 11	00:11:32 / 24	00:01:54 / 22	00:37:46 / 7	00:01:12 / 11	00:17:01 / 13	01:09:25	00:22:52
12	90	LEŻANKA WIOLETTA		PĘDZIWIATR - PODLASKIE CENTRUM BIEGOWE	81	K / 12	00:11:22 / 22	00:01:24 / 17	00:40:36 / 12	00:00:57 / 12	00:16:17 / 8	01:10:36	00:24:04
13	206	MICHALSKA KATARZYNA		BANASZEK DUDA JAMIS TEAM	79	K / 13	00:10:58 / 21	00:01:39 / 15	00:41:28 / 13	00:01:01 / 14	00:16:15 / 7	01:11:21	00:24:48
14	71	GRECZKA MAGDALENA		BOOT CAMP	85	K / 14	00:10:26 / 16	00:02:30 / 20	00:44:05 / 15	00:01:01 / 16	00:16:31 / 9	01:14:33	00:28:00
15	156	SKOLIMOWSKA EWA			94	K / 15	00:07:57 / 7	00:01:09 / 4	00:44:30 / 17	00:00:55 / 13	00:20:13 / 18	01:14:44	00:28:11
16	197	WESTFAL AGNIESZKA			83	K / 16	00:10:38 / 18	00:02:13 / 18	00:41:50 / 14	00:01:36 / 15	00:21:01 / 26	01:17:18	00:30:45
17	78	DUCHNOWSKA JULITA		AZS AWF BIAŁA PODLASKA	94	K / 17	00:06:49 / 1	00:01:40 / 2	00:48:26 / 20	00:01:14 / 17	00:21:03 / 27	01:19:12	00:32:39
18	195	WOSKOWICZ ODA			85	K / 18	00:10:49 / 20	00:01:55 / 16	00:44:40 / 18	00:01:01 / 18	00:20:47 / 21	01:19:12	00:32:39
19	112	MOLDOVEANU CRISTINA		WITC	78	K / 19	00:09:55 / 15	00:01:34 / 12	00:49:06 / 23	00:01:02 / 20	00:17:55 / 15	01:19:32	00:32:59
20	87	PIWOWARSKA KATARZYNA		TRIPROJEKT.BLOGSPOT.COM	81	K / 20	00:10:46 / 19	00:02:19 / 21	00:46:42 / 19	00:01:45 / 19	00:20:57 / 25	01:22:29	00:35:56
21	144	PACOCZA EWELINA			90	K / 21	00:08:40 / 8	00:01:58 / 10	00:50:03 / 25	00:01:09 / 22	00:20:43 / 20	01:22:33	00:36:01
22	200	JARCO ALEKSANDRA		PODKOWIAŃSKIE TOWARZYSTWO BIEGOWE	88	K / 22	00:11:38 / 25	00:04:56 / 28	00:44:09 / 16	00:01:04 / 21	00:20:51 / 23	01:22:38	00:36:05
23	199	SYGUŁA JOANNA			80	K / 23	00:12:15 / 27	00:01:54 / 26	00:48:33 / 21	00:01:07 / 23	00:20:08 / 17	01:23:57	00:37:25
24	187	DAHMS ANGELIKA			86	K / 24	00:10:29 / 17	00:03:13 / 24	00:49:13 / 24	00:01:02 / 24	00:20:30 / 19	01:24:27	00:37:54

**KOBIETY (WOMEN)**

<i>Msc</i>	<i>Nr</i>	<i>Nazwisko i imię</i>	<i>Kraj</i>	<i>Drużyna</i>	<i>R-k</i>	<i>W kategorii</i>					<i>Wynik</i>	<i>Strata</i>	
<i>Rank</i>	<i>Bib</i>	<i>Name</i>	<i>Nat.</i>	<i>Team</i>	<i>YoB</i>	<i>in Age</i>	<i>Pływanie</i>	<i>T1/Pozycja</i>	<i>Rower</i>	<i>T2/Pozycja</i>	<i>Bieg</i>	<i>Time</i>	<i>Diff.</i>
25	223	RADUCHA MARTA		WITC	82		K / 25 00:12:34 / 28	00:02:18 / 27	00:48:37 / 22	00:00:57 / 25	00:22:34 / 28	<b>01:27:00</b>	00:40:27
26	205	BRZEZIŃSKA IWONA		AT TEAM	86		K / 26 00:09:53 / 14	00:03:00 / 19	00:52:09 / 26	00:01:10 / 26	00:20:54 / 24	<b>01:27:06</b>	00:40:33
27	44	PIASECKA DOMINIKA		WITC	83		K / 27 00:11:44 / 26	00:02:22 / 25	00:58:29 / 27	00:01:03 / 28	00:18:45 / 16	<b>01:32:23</b>	00:45:50
28	215	MIŃKOWSKA ALEKSANDRA			90		K / 28 00:11:31 / 23	00:01:56 / 23	00:59:05 / 28	00:00:53 / 27	00:20:50 / 22	<b>01:34:15</b>	00:47:42

## IV Siedlecki Triathlon

**WYNIKI ZAWODÓW / RESULTS LIST**

printed: 18.08.2013 16:39:42

<b>Miejsce:</b>	Siedlce	<b>Dystans:</b>	0,4 - 10 - 3
<b>Data:</b>	18 sierpnia 2013 r.	<b>Start:</b>	15:01:43
<b>Organizator:</b> Urząd Miasta Siedlce, Stowarzyszenie Leniwiec.pl			

**Niepełnosprawni**

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
1	188	ZWOLAK KRZYSZTOF		WWW.KOMPANIAWRAZEN.PL	74	NPS/ 1  M / 21	00:08:55 / 1	00:01:13 / 1	00:32:56 / 1	00:00:43 / 1	00:14:31 / 2	<b>00:58:18</b>	00:11:45
2	145	JEZOWSKI SLAWOMIR		SYRENKA WARSZAWA	61	NPS/ 2  M / 119	00:10:56 / 2	00:01:37 / 2	01:04:51 / 2	00:01:47 / 2	00:14:26 / 1	<b>01:33:37</b>	00:47:05

M40+/22



## IV Siedlecki Triathlon

**WYNIKI ZAWODÓW / RESULTS LIST**

printed: 18.08.2013 16:40:01

<b>Miejsce:</b>	Siedlce	<b>Dystans:</b>	0,4 - 10 - 3
<b>Data:</b>	18 sierpnia 2013 r.	<b>Start:</b>	15:01:43
<b>Organizator:</b> Urząd Miasta Siedlce, Stowarzyszenie Leniwiec.pl			

**Wąsacze**

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
1	7	JANIAK PAWEŁ		ORGANIZATOR TEAM LENIWCE.PL	80	WAS/ 1  M / 2	00:06:29 / 2	00:00:55 / 2	00:28:17 / 1	00:00:42 / 1	00:11:32 / 1	<b>00:47:55</b>	00:01:22
2	1	ŁACHUT WOJCIECH		BIKE ACADEMY TEAM	78	WAS/ 2  M / 4	00:05:44 / 1	00:01:24 / 1	00:28:55 / 2	00:00:48 / 2	00:13:07 / 4	<b>00:49:58</b>	00:03:25
3	15	PRUCHNIEWSKI SŁAWOMIR		WTT WARSZAWA	79	WAS/ 3  M / 5	00:07:27 / 3	00:01:16 / 3	00:30:31 / 4	00:00:31 / 3	00:13:05 / 3	<b>00:52:50</b>	00:06:17
4	10	WIERZBICKI GRZEGORZ		LENIWCE.PL	74	WAS/ 4  M / 8	00:08:11 / 5	00:02:08 / 5	00:29:55 / 3	00:00:59 / 4	00:12:28 / 2	<b>00:53:41</b>	00:07:08
5	36	GOŁAWSKI BARTOSZ		LENIWCE.PL	90	WAS/ 5  M / 84	00:07:27 / 4	00:02:09 / 4	00:41:44 / 5	00:01:32 / 5	00:15:59 / 5	<b>01:08:51</b>	00:22:18